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"Politics is the art of looking for trouble, finding it everywhere, diagnosing it
incorrectly and applying the wrong remedies." ? Groucho Marx

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Electoral Reform: Where to?

Last week we mentioned how a number of unrestrained distractions, some blatantly and outright unpalatable, are being brought into the political discourse. Whereas, as was pointed out, the debate should have instead been focused on the major issues affecting the lives of the people now and likely to do so in the future as well, and the implications and likely consequences of the electoral and constitutional reform proposals that the Labour Party-MMM combine have agreed upon to forge their current electoral agreement.

There are good reasons for the electorate to be thoroughly enlightened about the potential impact of the reform proposals upon the future political governance of Mauritius. This is the more so as their enactment would require a three-quarters majority in the House. Such a majority can only be marshalled in normal circumstances by an alliance of the two major parties of the island. Importantly, though, it is equally unlikely to be undone thereafter for failure to bring together such a majority given that the maintenance of the reformed electoral system as envisaged and spelt out in the March 2014 Consultation Paper ('Modernising The Electoral System') would suit the political interests of the MMM and specially of its leader. Would this explain why the details pertaining to electoral reform, in particular the mechanism that will be applied for the allocation of 20 Party List seats based on the 'unreturned votes elect' (UVE) formula, are not being debated on political platforms?

Chapter 7 of the Consultation Paper, in particular the part relating to 'Unreturned Votes Elect' informs us about the functioning of UVE mechanism.

M.K.

• Cont. on page 5

The Grandest Question of All: Are we Alone?

Dr R. Neerunjun Gopee

A famous British mountaineer, George Mallory, died in his third attempt to climb Mount Everest in June 1924, and his frozen, well-preserved body was only discovered in 1999. Earlier, in reply to question as to why he so wanted to climb the mountain, he is quoted as replying, 'because it's there... the answer is instinctive, a part, I suppose, of man's desire to conquer the universe.'

We have not succeeded in conquering ourselves... and conquering the universe is no doubt a tall order. And if we did, who knows that we'll do it what we are doing to our own Mother Earth - 'embattled, endangered, polluted' (Karan Singh, 1984). Given its sheer astronomical expanse and size, however, we're not likely to become its emperor. But exploring it is fine, and what triggers and drives any exploration is a desire to know about our world, starting with our immediate environment. That whole world of objects 'out there' - which also includes us human beings - is the 'external world' that is the playground of scientists. The 'internal world' refers to what sages call our 'Self' and it can only be understood and apprehended intuitively. But that is not the subject of this article, which is about something that is, nevertheless, as fascinating because it concerns us all: life.

All cultures and civilizations where open thinking is welcome have mythologies and imagined narratives about creatures, including human/humanoid ones, to be found in higher and lower worlds, which are variously referred to as heaven, hell, inferno, netherworld, middle earth (vide Tolkien's stories) and so on. These are stages in man's mental development, trying to go beyond himself, looking for comfort or adventure.

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Family Firms and Economic Performance

If the family firm is here to stay, especially in environments such as ours, we could advantageously imbibe the strong sense of values the better performing family firms of the world have made theirs. Quality and endurance foremost

Anil Gujadhur

Most of the Mauritian companies started at the initiative of family members, right from the start. Their roots can be traced back to sugarcane and to international trade. Thus, today's Ireland Blyth Company was set up by the Blyth, Greene and Jourdain families in the olden British days. Today's Iframac originated from a merger of two family firms, Ireland Fraser Limited and Harel Mallac Company. Rogers & Co was also set up by families coming together to serve the economic opportunities available at the

time, be it in shipping, merchandise trade or services. Most of the sugar estates were emanations of concessions granted to settler families from France during the French occupation of the country.

A number of family companies which dominated the economic scene in the past have either ceased doing business altogether or they sold away their business to other more nimble firms. A number of newer companies, such as those in the hospitality sector, that have come on the scene more recently were based on past wealth generated by family businesses.

• Cont. on page 6

Interview: Manoj Gokhool - Chairman of International Centre for Electoral Psychology

"One should not be playing Russian roulette with electoral reform..."

... and take the risk of generating significant democratic crises"

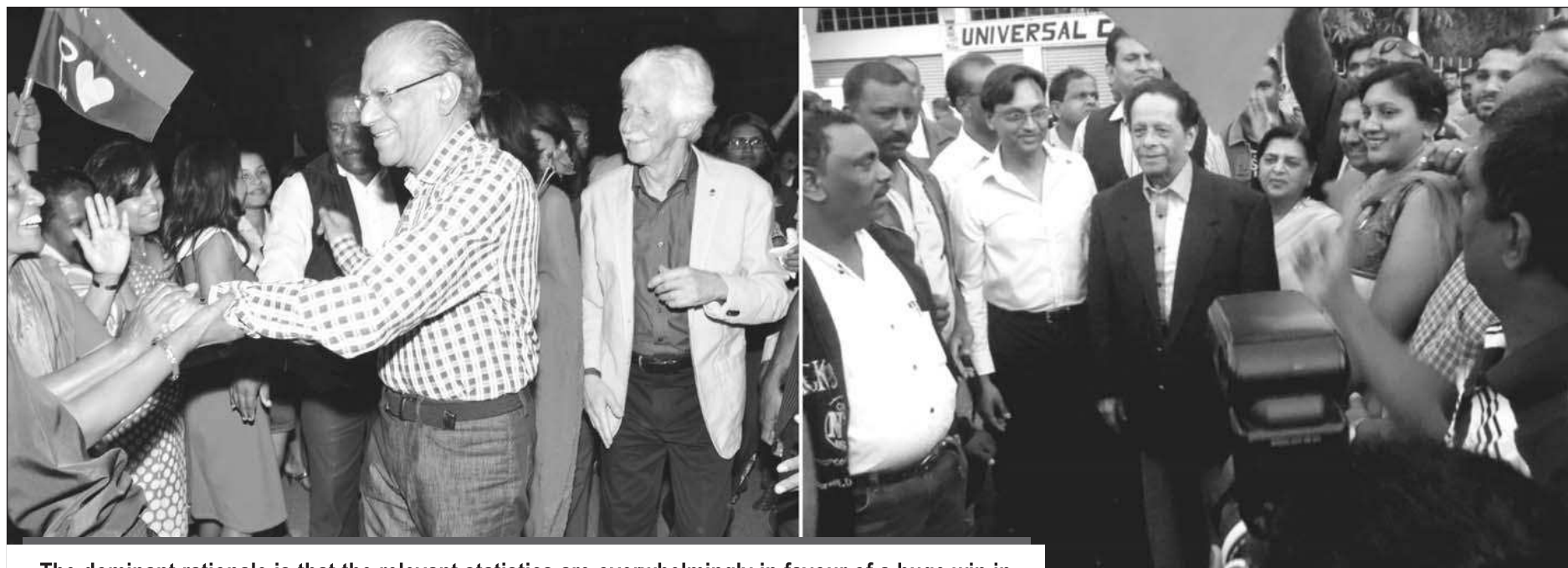
• "The selective concept of wasted votes means that those who win in small constituencies and lose in big ones get more votes counted under the List system than those who win in large constituencies and lose in small ones!"

• "History has shown that if politicians want to be trusted, they have to trust the electorate"



Beware The Number Crunchers

Rajiv Servansingh



The dominant rationale is that the relevant statistics are overwhelmingly in favour of a huge win in favour of an alliance of the two strongest parties in the country as demonstrated by the results of the last general elections. While this is undoubtedly a very sound basis for reasoning and for mobilizing one's 'troops', it would be a mistake to conclude that victory is already acquired

"Every quantitative measurement we have, shows we are winning this war"

— Robert McNamara (US Secretary of Defense from 1961 to 1968) after returning from South Vietnam in April 1962

Robert McNamara and his band of whiz kids, statisticians and mathematical wizards, who joined the Ministry of Defence

in 1961 under the Kennedy administration, are among the best known administrators of huge operations who were bent on determining the best solution to all and every problem through the use of mathematical and statistical models. They are now infamously remembered for having failed miserably in understanding the real dynamics of the war which cost the lives of nearly 60,000 American soldiers by the time the US conceded defeat in 1975. McNamara had trumpeted that

his statistical analysis showed that the military mission would be wrapped up in three or four years.

While there is no doubt that econometric and other mathematical models are very useful tools in analysing a number of situations in a variety of contexts, one needs to be very careful about overreliance on such tools, especially when issues of 'hearts and minds' are involved. In the present electoral campaign the dominant rationale is that the relevant statistics are overwhelmingly in favour of a huge win in favour of an alliance of the two strongest parties in the country as demonstrated by the results of the last general elections.

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Tit-Bits

U.C.

Le propre des sondages est de donner l'impression d'être un instrument fiable pour connaître l'opinion des Mauriciens à un moment donné. La méthode simple et rapide consiste en un entretien au téléphone d'un modeste échantillon de la population en procédant par quotas. Les quotas par groupes d'âge, de sexe, de lieu de résidence et d'autres facteurs tentent de restituer une représentation fidèle en miniature de la complexité des réactions de 900,000 électeurs, une tâche particulièrement ardue. Les

sources et les marges d'erreur sont tellement élevées, même sans « biais » intentionnel, que leurs résultats sont à prendre avec des pincettes. Par exemple, les appels au téléphone fixe en pleine journée, peuvent fausser les résultats en privilégiant certaines tranches de la population (ménagères, troisième âge).

Les études les plus fiables à Maurice couvrent donc un échantillonnage minimum de 1800 répondants dont le dernier exemple fut sans doute le sondage Politis-DCDM conduit de janvier-mars 2013 pour le compte de l'express-dimanche.

Avec un maigre échantillonnage de seulement 600 répondants, il est effectivement très difficile de tirer des conclusions adéquates et précises, tellement les marges d'erreurs et d'incertitudes sont grandes. Encore plus si on conserve un nombre



Revoilà les sondages!

élevé de sous-catégories pour déterminer les quotas des sondés (âge, sexe, catégorie socio-professionnelle, lieu de résidence, ethnicité). Prenons un commentaire de la Rédaction même de l'express en date du 21 mars 2004 pour bien comprendre de quelles marges d'erreurs et de quelle crédibilité on parle avec 600 répondants.

En effet, alors que l'élection partielle de décembre 2003 avait vu la nette victoire du néophyte Rajesh Jeetah avec 50% des votes, le sondage Syntheses-l'express deux mois après (en février 2004) situait les intentions de vote de l'alliance PTr-PMXD-MR à 26,4 % et celle de l'alliance MSM-MMM-PMSD à 38,4 % dans le Nord du pays. De quoi surprendre le moindre quidam !

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“History has shown that if politicians want to be trusted, they have to trust the electorate”

Mauritius Times: In your experience, what have been the unintended consequences of electoral reform in other countries and what do we have to guard against? Are, for instance, the simulations based on the past electoral results prior to introduction of the reforms reliable?

Manoj Gokhool: My experience is that the experience of other countries is simply not good enough, and it is crucial to simulate potential effects. Simulations are reliable only if they are done in the most professional and rigorous manner. This is not something that you can improvise and there is a big science behind understanding the consequences of electoral systems. They also should not just look at past election results but at theoretical problem cases too as the past is not always a comprehensive indication of what might happen in the future. So conducting independent evaluations is essential.

*** Here in Mauritius the Labour Party and the MMM have agreed on an electoral programme based mainly on two underlying principles: maintenance of the First Past the Post system coupled with the introduction of 20 Party List seats wherein the wasted votes system would come into play, and sharing of power by the President of the Republic and the Prime Minister in the context of a Second Republic. Does such a hybrid system exist anywhere else in the world and has it promoted democracy, stability, etc?**

A lot of hybrid systems exist - for instance in Germany, Hungary, etc. However, I am not aware of another system which conceptualises 'wasted votes' in such a narrow way... Typically, political parties will have their own proposals evaluated by independent specialists and will also give several options to voters. This was the case in two recent referenda on new electoral systems in the UK and New Zealand for instance (2011).

As for power sharing between the President and the Prime Minister, it is not only about the safeguards in the Constitution that makes such a system effective, it is also the politics behind it all. In fact constitutional safeguards can be used as political tools either to paralyse the proper working of the government machinery or even as a usurpation tool against democracy. Redistricting Laws in the US are good examples of the latter.

At the end of the day, an effective government depends on its workability which in turn depends on the personalities and politics behind it all.

I do a lot of work in the former Soviet Union where I am running several electoral psychology projects and where democracy is in an exceptionally dynamic state. Look at what has been happening in Georgia this week: the Constitution was recently successfully amended to offer power sharing. However, the problem did not arise from constitutional deficiencies but from tensions between personalities and political interests.

The Constitution can provide a framework but cannot make a government work or people work harmoniously together. Most of the proposals that came from the President of Georgia were being systematically rejected by Parliament, which affected the functioning of the government in Georgia.

However, it will be also wrong to assume that the leaders of the Labour Party and that of the MMM will not be able to work together and that it is all bound to fail. Change always brings discomfort and if the two leaders really believe in what they are doing, they will articulate it and get the buy-in of the population.

*** The Electoral Reform Consultation Paper outlining the Mauritian government's stance on electoral reform provides for additional seats to be allocated based on a wast-**

ed votes system? What are your views on the method being proposed?

These refer to the proposals of Rama Sithanen. In my opinion, his proposals have been the best so far. However, I have two main reservations: firstly, the 'Unreturned Votes Elect' (UVE) formula is only taking into consideration one type of wasted votes i.e. losers' votes and, secondly, and more importantly, the **winners in the larger constituencies are penalised twice** (this is because of acute malapportionment in Mauritius). Let me illustrate this by a very simple example:

To keep things simple, let us assume that we only have two constituencies and that one has twice the population of the other, that one party is stronger in the larger constituency while the other party is stronger in the smaller one. So we have:

Constituency 1: 100,000 voters, 3 seats

Party A: 60% (60,000 votes) = 3 seats

Party B: 40% (40,000 votes) = 0 seats

Constituency 2: 50,000 voters, 3 seats

Party A: 40% (20,000 votes) = 0 seats

Party B: 60% (30,000 votes) = 3 seats

Altogether, Party A won 80,000 (53.3%) votes and Party B 70,000 votes (46.7%). Party A is thus the clear winner of the popular vote and should really have the majority of the seats.

With the current (uncorrected) system, this is not what is happening. Because of the differences in constituency sizes, in effect, the two parties get 3 seats each so it is a tie between them in Parliament.

With the proposed reform, however, the votes of the losing party in each constituency are considered wasted and attributed proportionally according to a list system.

This means that with the new system, it would be considered that Party B has 40,000 wasted votes in Constituency 1, while Party A has 20,000 wasted votes in Constituency 2. In other words, if there are 3 seats to attribute through the List system, Party B - the electorally weaker of the two parties - will in fact get two of them while Party A, which has won the popular suffrage, will only get 1!!

So with the new system, instead of a tie, the proposed correction creates an even more unfair result: Party A wins 53.3% of the votes but only 4 out of 9 seats (44.4%), and Party B has clearly lost the election in terms of votes (46.7%) but is now made to clearly win the elections in terms of seats obtained with 5 out of 9 seats!! (55.5%), as illustrated in the Table below:

Unreturned Votes Elect Mechanism						
	PARTY A			PARTY B		
	Votes Obtained	%	Seats Won	Votes Obtained	%	Seats Won
CONSTITUENCY NO 1 (100,000 Voters)	60,000	60%	3	40,000	40%	0
CONSTITUENCY NO 2 (50,000 Voters)	20,000	40%	0	30,000	60%	3
Sub-total (100,000 + 50,000 = 150,000)	80,000	53.3%	3	70,000	46.7%	3
UNDER ELECTORAL REFORM Additional Seats Allocated by Wasted Votes System						
	PARTY A			PARTY B		
	Wasted Votes	Seats Allocated		Wasted Votes	Seats Allocated	
CONSTITUENCY NO 1	--	--	4	40,000	--	2
CONSTITUENCY NO 2	20,000	1		--	--	--
TOTAL SEATS OBTAINED	53.3% (80,000 votes out of 150,000)			46.7% (70,000 votes out of 150,000)		5

In effect, Party A is punished twice for doing well in larger constituencies: firstly, because its voters need more votes than Party B voters to be represented in the first place; secondly, because the selective concept of wasted votes means that those who win in small constituencies and lose in big ones get more votes counted under the List system than those who win in large constituencies and lose in small ones! This is a 'double peine' for the parties which win the popular vote!

On an associated issue, the electoral reform proposals suggest that having only 20 seats allocated by Proportional Representation would limit the risk of weakened majorities. However, it is essential to note that, according to this system, elected candidates prevent their party from competing for the 20 PR seats as illustrated below:

- If a party overwhelmingly dominates the election, the system will force the 20 seats in the hands of the opposition. Thus, for example, if across all constituencies, Party A wins 89% of the votes and all constituency seats, Party B wins 10%, and Parties C and D share the last 1%, the UVE system will force 20% of the seats in the hands of Party B as Party A will be disallowed from competing for those seats.

Even more problematically, if the election returns a very narrow result between Parties A (ahead) and B (behind) but one party is equally strong across all constituencies while the other tends to be strong in some but weak in others, then the likely result is that Party B could end up with significantly more seats in Parliament than



Manoj Gokhool, Chairman of the UK-based International Centre for Electoral Psychology, is considered as one of the foremost experts in voters' psychology and the determination of choice. He has given several lectures and speeches worldwide on the subject of choice and sensation transference. He recently ran a large-scale electoral psychology survey in Georgia. He has worked with a number of Heads of Governments and Electoral Commissions on Civic Engagement and Democratisation. He is presently the Chief Executive of the International Centre for Parliamentary Studies. He was a founder-member of Parliamentary Communications, the largest parliamentary and political communication organisation in Europe.

We have sought his views on the Rama Sithanen-inspired electoral reform proposals of the Labour Party-MMM alliance and their likely impact on future electoral outcomes. His comments confirm this paper's earlier stand that we have to proceed with caution when it comes to overhauling the electoral system

Party A despite receiving fewer votes.

This is why wasted votes should be defined (as is more common in political science) to also include all the votes that the winner did not really need to win (this is, for example, illustrated by the literature on malapportionment and gerrymandering such as Erikson, R. 1972. - 'Malapportionment, Gerrymandering, and Party Fortunes In Congressional Elections' in *American Political Science Review*).

larger ones support another party, could one party have more wasted votes than the other and hence more of the additional seats inspite of having lost the elections nationwide?

Yes, but again, this is mostly a problem in that in the proposed system not all wasted votes are taken into account at all! So yes, as a result, this creates a very big risk of that kind.

*** If the proposed electoral reform providing for additional PR seats (based on the wasted votes system) were to be enacted, can we say at this stage how this particular reform would impact the electoral outcome?**

No, again, you don't just put an approximate answer together and hope this may be approximately true! You need independent specialists to tell you how this might work including in both best-case and worst-case scenarios, and evaluate the opportunity to consider small modifications to the proposed system so that it works better and/or more reliably. This is an indispensable step that cannot be avoided, because if you cut corners and say, 'I think that this will be the effect', then you are playing Russian roulette with your representative system and taking the risk of generating significant democratic crises. The effects may be very good - or not, this must be assessed rigorously by professionals

*** Let's be more specific: we may perhaps reliably guess as to what the overall outcome would be when two major parties come together to contest the elections against an alliance of smaller parties. What if these two major parties (Labour Party & MMM) are in opposition to each other and one of the two (say, the MMM) enjoying the support of a smaller party (the MSM, for instance)? What do simulations point to?**

No, we can't guess. We need the simulations done specifically.

*** There are what one could qualify as particular political circumstances presently prevailing in Mauritius. The buzz in different sections of Mauritius society but mostly amongst the traditional vote bank of the Labour Party would suggest that the latter electorate would not be comfortable with their Party's alliance with the MMM. We cannot say at this stage whether electoral arithmetic would still prevail, and how much of the LP's core electorate would nevertheless support their Party. What do (your) simulations suggest in the light of the 50/50 sharing of tickets between the LP and the MMM should the MSM-led alliance succeed in making a dent in LP's electoral bank?**

There can be various reasons for such discomfort on the part of both vote banks but one should never forget that both the MMM and the Labour Party have deep roots and their respective vote banks have a sense of identity that is directly associated with their respective parties. We know from our various works on voting that, at the time of voting, the decisive and most important element is identity. In principle, a MMM-Labour Party coalition is bound to win the election. It would, however, be interesting to find what constitutes the elements in each of the parties that their respective electorates identify themselves with and also whether these ele-

“The problem with the Electoral Reform Consultation Paper is that while political science knows of several essential types of wasted votes, the Consultation Paper only considers one of them. This is a critical problem because while ignoring wasted votes is unfair, acknowledging some wasted votes while ignoring others which may potentially be even more important in numbers could result in a system which might not be less but in fact even more unfair, especially as our constituencies tend to vary a lot in size! ...”

“In my opinion, his proposals have been the best so far. However, I have two main reservations: firstly, the ‘Unreturned Votes Elect’ (UVE) formula is only taking into consideration one type of wasted votes i.e. losers’ votes and, secondly, and more importantly, the winners in the larger constituencies are penalised twice (this is because of acute malapportionment in Mauritius)...”

ments are also present in the other political parties i.e. are there emotional alternatives?

Last week I was doing some work in Washington for the mid-term elections. I met an Afro-American lady outside a polling station and asked her how was the election going. She had lots of complaints about the Democrats and Obama's administration. So I said to her, *"I take it you voted Republican."* Her answer was spontaneous. *"Of course not,"* she said, *"my parents would turn in their graves if I were to vote Republican."*

It was clear from her answer that however uncomfortable she was with the Democrats, at the point of voting, she could only identify herself with the Democrats be it for historical or perceived historical reasons.

Recent studies have shown that 29% of Americans and 40% of French have changed their voting decisions on the day of the elections - and this is not predominantly because they have been convinced to change their minds but rather because while they were swinging weeks before the elections, at the decisive moment, they voted for whatever constituted their identity. The Mauritian voters are not very different, and this is why I say, parties with deep roots, entrenched in unique identity platforms tend to reap consistent results until these identity platforms have been dissolved or shaken through generational or societal developments.

“Simulations are reliable only if they are done in the most professional and rigorous manner. This is not something that you can improvise and there is a big science behind understanding the consequences of electoral systems. They also should not just look at past election results but at theoretical problem cases too as the past is not always a comprehensive indication of what might happen in the future...”

“As for power sharing between the President and the Prime Minister, it is not only about the safeguards in the Constitution that makes such a system effective, it is also the politics behind it all. In fact constitutional safeguards can be used as political tools either to paralyse the proper working of the government machinery or even as a usurpation tool against democracy. Redistricting Laws in the US are good examples of the latter...”

Malini Awasthi:

“Urbanization is good but your culture is your identity”

“The Indian connect to Culture and Language is as strong and as pure as the Ganges”

Malini Awasthi, who hails from Lucknow, Uttar Pradesh, India, was here recently to participate in the World Bhojpuri Conference being held in the context of the celebrations commemorating the 180th Anniversary of the arrival of Indian Indentured Labour at Aapravasi Ghat. She gave a demonstration of her talent as a renowned Bhojpuri folk singer after the Yaj ceremony that was held there, to great applause and appreciation. In the interview that follows, this great artist who is the recipient of several awards and is widely travelled, shares her thoughts with Dr Neerunjun Gopee about her contact with local Bhojpuri and Indian culture. She is positively impressed by the efforts that have been made to preserve several aspects of the culture, and makes suggestions about how these can be further strengthened, enhanced and enriched...

What has brought you to Mauritius?

This is interesting. Well, I came to Mauritius in 2000 to participate in the *World Bhojpuri Conference* as an artist in a delegation of the *Indian Council for Cultural Relations*. That was 14 years ago, and I fell in love with Mauritius. The strong roots of our culture were so predominantly visible, and I told myself that every Indian, especially every Indian from Uttar Pradesh and Bihar must come to Mauritius to see how wonderfully they have retained our language, our culture, our festivals and Folk Music! That trip was not only inspiring but also educative. I got a beautiful opportunity to experience the Diaspora Culture by interacting with various delegates and artists from all over the world, which later led me to visit Holland, Suriname and Fiji.

So this time, when I got an invitation from the *Bhojpuri Speaking Union* and MGI and a special call from Sarita Boodhooji, the chairperson of the *Bhojpuri Speaking Union* to present a paper at the *World Bhojpuri Conference* being held I knew I had to come to beautiful Mauritius again!

You are a renowned folk singer, but have had training in Hindustani Classical music. Can one be a folk singer without such a training? In other words is there a 'methodology' and 'system' (swaras, alankar, staals, ragas, etc) in folk music singing as well?

Yes, I am trained in Indian classical music to postgraduate level, and I think this is reflected in my singing. To answer your question, classical music is the backbone of all kinds of music. It helps the artist refine and strengthen his or her voice and teaches the intricacies of beats and rhythm.

“Time and again we have seen huge hit songs inspired by Bhojpuri dialect and Bhojpuri traditional composition. In olden days we had great music directors like Naushadji, Madan Mohanji, Chitrguptji and Lakshmikant Pyarelalji who belonged to UP and Bihar who understood the soul of Bhojpuri. Thus, whenever they used Bhojpuri songs in their films they created marvels...”

Having said that I have known so many folk artists who don't know the 'abcd' of classical music and yet they are powerful performers. As in classical music, folk artists use *gamak*, *meend*, *khatka* and linger on sustaining notes. Often, this is an inherent talent amongst folk musicians. But quite a few learn folk music from their fathers, uncles or gurus in villages. This is the case with women too. So you see the oral tradition of teaching within family, within community, and within society continues.

Tell us a bit about your impression(s) of Mauritius and of the Indian culture scene here.

Mauritius is like a mini-India. We share the same beliefs and same ideology; we have the same roots and culture.

When we entered for the inaugural function of the *World Bhojpuri Conference* at MGI, we were greeted by hundreds of women singing *ijonhaar* and *jhoomar* for us - that sight is imprinted in our minds forever.

I was humbled and moved to tears to feel the depth of Indian Culture which refuses to die, will never die. Just imagine, 180 years is a very long time; generations have come and gone but the Indian connect to Culture and Language is as strong and as pure as the Ganges. Yes, there are changes in the language but then that is also a quality of dialects, they adopt naturally.

The Mauritian Government has done a lot to maintain this. Mahatma Gandhi Institute is a delight to experience. There are so many music faculties and a Folk Music Department over there. I have learnt that Mauritius has a 24/7 Bhojpuri TV channel. This is indeed remarkable. The *Bhojpuri Speaking Union* is also doing great work.

I also came to know that there is an effort to start *Bhojpuri* at primary school level: now even in India we don't have this! I have felt that there is keenness among you to know and to retain your culture. In modern times it is a challenge to keep the young generation involved and interested in folk music, as is the case in India too. Youth has to be taken under the umbrella, they have to understand that urbanization is good but your culture is your identity.

What is the official status of Bhojpuri in India.

There is a movement to get Bhojpuri included as official language. Let us all hope this happens soon.

Has Bhojpuri gained popularity/greater visibility through its use in Bollywood films – or is this just caricatural?

In India Bollywood is very big and very popular. Because of its gripping beats, melodious compositions and sweetness in diction, Bhojpuri has always been a favourite of Bollywood.

Time and again we have seen huge hit songs inspired by Bhojpuri dialect and Bhojpuri traditional composition. In olden days we had great music directors like Naushadji, Madan Mohanji, Chitrguptji and Lakshmikant Pyarelalji who belonged to UP and Bihar who understood the soul of Bhojpuri. Thus, whenever they used Bhojpuri songs in their films they created marvels. For example,

Nain lad jaihe to manva me
Holi aai re kanhaai
Do hanso ka joda bichhud
gayo re
Savan ka mahina pavan
kare sor - etc.

Nowadays it's all about getting a hit number, so a lot of experiments are being done. People love Bhojpuri songs so the idea is to just include one without getting under the skin of



“When we entered for the inaugural function of the World Bhojpuri Conference at MGI, we were greeted by hundreds of women singing *ijonhaar* and *jhoomar* for us - that sight is imprinted in our minds forever. I was humbled and moved to tears to feel the depth of Indian Culture which refuses to die, will never die. Just imagine, 180 years is a very long time; generations have come and gone but the Indian connect to Culture and Language is as strong and as pure as the Ganges...”

the song, very often they turn out to be a caricature. But a few songs have been huge hits too.

To what aspects of local Bhojpuri culture have you been 'exposed'? What are your impressions of the Bhojpuri culture scene in Mauritius?

I spent my early childhood in Mirzapur near Banaras and later I spent my formative years in Gorakhpur. These places are known for beautiful Bhojpuri literature and Bhojpuri music. Then I got to live in Azamgadh, Faizabad and Banaras. All these places have a very rich and old tradition of folk music in which they impart education as well.

Then I also came to personally know quite a few folk artists, with whom I spent time and worked with them through my organization called 'Sonchiraiya'.

Regarding my experience about Bhojpuri culture in Mauritius, I would add that I was offered to taste *suran ka achaar* (pickle of *suran*) and I was like Wow! *Suran* is a Bhojpuri delicacy. I also visited the local market to have the Mauritian flavour and I found all traditional vegetables sold that we Bhojpuris eat.

I was also impressed by the pictures of various deities gracing the houses, and the *tulsi chaura* at every house.

I'll tell you something that I found even more interesting. While I was at the Conference, I was invited to a temple on *Devotaani Ekadashi*. When I

reached there I found all the women dressed in red and singing folk songs. They asked me to sing one *Tulsi vivaah* song for them. I was surprised and taken aback by the request. Of course I sang but it was overwhelming to see their deep faith and knowledge of our culture. It seemed as if we were in a village in Bihar and not Mauritius! That is why I respect Mauritians for their efforts to retain that Indianness. It is really heartening.

Do you have any suggestions for preserving/enhancing/improving Bhojpuri culture here? What about possibilities of exchange with India towards this end through government and other institutions? Would you be in a position or be willing to help this process, and in what way?

Both India and Mauritius are like Brothers. We share a bond that connects us through blood, culture, history and language. A lot can be done, and should be done.

Good Bhojpuri artists must be invited to Mauritius not only to perform but also to conduct workshops. Artists should spend some time over here and groom selected singers of Mauritius. They need to be taught not only the Bhojpuri songs, but also be groomed about the voice techniques, as well as explaining the songs and their context.

I am sure Mahatma Gandhi Institute and Ministry of Arts and Culture can lead this kind of initiative.

Together both the countries need to work on not only Bhojpuri music but also Bhojpuri folk dances, folk theatre, folk arts and folk cuisine.

I will certainly be very happy to offer my help in this context. For example, I could run a detailed workshop here if I am requested to do so. I have been doing this back home in India. Not everybody can be a good teacher. It requires patience and focus, and selflessness. For my organization Sonchiraiya I keep grooming young students, as well as elderly women who could not pursue their career because of family and various other reasons. I train them for public performance. And these experiments have been very popular and successful.

I will feel honoured if I am asked to assist the cause of Bhojpuri in Mauritius. I will be grateful if I am able to work for my Language and Culture, and in the process help bring both the countries closer.

From the Pages of History - MT 60 Years Ago

1st YEAR
No. 14

MAURITIUS TIMES

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5 CENTS – AN INDEPENDENT WEEKLY – 5 CENTS

“Les plus grandes questions qui agitent les homes ont souvent pour base un malentendu” – Robespierre

Le Problème des Etablissements Français dans l'Inde est résolu

Cet intéressant article/documentaire nous a été envoyé par un vieux compatriote. Comme journaliste et politicien il a suivi avec un vif intérêt le développement des comptoirs français dans l'Inde.

Beaucoup de Mauriciens ont appris avec plaisir le transfert de ces comptoirs au gouvernement indien. L'accord à cet effet fut signé à New Delhi le 21 octobre dernier. Le maintien de ces possessions étrangères en territoire indien ayant été perpétuellement une pomme de discorde entre les deux nations, on ne peut que se réjouir de cet heureux épilogue qui aidera à raffermir les relations entre l'Inde et la France.

D'après les termes de l'accord la culture française sera respectée. Les institutions d'ordre scientifique et culturel français seront maintenues et le gouvernement français continuera à administrer le Collège Français de Pondichéry.

Saluant l'accord de Pékin, où il était en visite officielle, M. Nehru, reflétant le désir général du peuple indien de resserrer les liens de l'amitié franco-indienne, fit la déclaration suivante :

« Je suis particulièrement heureux que ce changement ait lieu comme étant l'expression de la volonté du peuple et en accord amical avec le gouvernement français. Nous avons ainsi un autre exemple pour démontrer comment on peut résoudre paisiblement des problèmes difficiles par voie de négociations. »

Il nous semble utile de rappeler à nos lecteurs ce que notre île doit à Pondichéry. Nos premiers artisans nous étaient venus de cette ville. Pendant l'occupation française, l'île de France maintint un contact étroit avec Pondichéry. Une bonne partie de l'élite de la population de couleur descend des premiers artisans pondichériens.

Nous saisissons cette occasion d'adresser une cordiale bienvenue à M. et Mme Symphorien Lami, dont les ancêtres originaires de Pondichéry, vinrent s'établir à l'île de France au temps de Labourdonnais. Leur visite coïncide avec ce transfert historique. – R]

C'est à la suite du Congrès de Jaipur sur les établissements étrangers en Inde devenue après le départ des Anglais une Inde indépendante que les habitants de l'Inde ont considéré que ces établissements étaient devenus une anomalie et qu'il fallait trouver une solution pour faire disparaître ces établissements étrangers dans le territoire de l'Inde. Le premier mouvement de rétrocession fut déclenché par Mahatma Gandhi au Congrès de Jaipur après que l'indépendance de l'Inde fut proclamée.

Ces établissements français sont : Pondichéry avec une superficie de 115 milles carrés et une population de 222,600 âmes ; le territoire de Pondichéry fut fondé par François Martin en 1674, pris par les Damois en 1693 et restauré en 1699, ce territoire fut quatre fois assiégé par les Anglais ; en 1748 un colonel anglais s'empara de tout le territoire ; en 1760 les fortresses et les bâtiments publics furent détruits par Lord Pigott, gouverneur de Madras et le territoire abandonné ; en 1778 il fut de nouveau assiégé par Sir Hector Munro et les Français capitulèrent. Pondichéry fut reconquis pour la dernière fois par les Anglais en 1793.

Dans un traité entre la France et la Grande Bretagne signé à Paris le 30 Mai 1814 Pondichéry fut restitué à la France sous certaines conditions et garanties.

Karikal au Sud de Pondichéry a une superficie de 53 milles carrés et une population de 70,550 habitants ; le territoire de Karikal fut cédé à la France par Sahjee Raja de Tanjore contre 50,000 chacras. Karikal fut à plusieurs reprises assiégé par les Anglais mais par le traité de Paris Karikal fut cédé à la France en 1814. Quoique possédant une administration locale, Karikal dépend du gouvernement de Pondichéry.

Mahé est sur la côte ouest de l'Inde contre la province de Madras dans le district de Malabar d'où nous sont arrivés les premiers travailleurs indiens ; Mahé couvre une superficie de 22½ milles carrés et possède une population de 18,300. Par le traité signé en Avril 1721 le roi de Badagara céda Mahé à la France, mais un prince indien força la garnison française à déguerpir de Mahé pour s'installer à Calicut ; la

ville fut reprise par Mahé de Labourdonnais en 1725 et le nom de Mahé donné au territoire.

Après la chute de Pondichéry en Janvier 1778 Mahé se rendit au Major Munro mais fut de nouveau rendu à la France en 1817. Mahé est placé sous un administrateur qui dépend de Pondichéry.

Yanaon ou Yanan est situé sur la côte Est dans la province de Madras et couvre une superficie de 5½ milles carrés avec une population de 5850 âmes ; les Français établirent un comptoir en 1731 et la souveraineté fut confirmée en 1750 par le Nizam de l'Hydrabad.

Chandernagor est situé bien au Nord de Yanan dans la province de Bengal à 30 milles au Nord de Calcutta ; Chandernagor a une superficie de 3½ milles carrés et une population de 44,780.

L'administration des établissements français dans l'Inde est confiée à un commissaire de la République française ayant les pouvoirs d'un Gouverneur ; à l'exception de Chandernagor les autres établissements situés sur la côte ont servi à la contrebande du gandia, de l'opium, de l'or et des diamants ; les contrebandiers pénétraient par ces territoires pour gagner l'Inde et exercer leur commerce.

L'électricité, l'eau d'alimentation et les eaux d'irrigation proviennent de l'Inde, la république ne pouvait pas supprimer l'électricité et l'eau pour la raison que ces territoires sont habités par 96% d'Indiens. Lors du référendum de 1949, la population de Chandernagor à une majorité de 99% décida de la fin du gouvernement français vieux de 260 ans. Ce mouvement fut suivi par les habitants des autres établissements français malgré la propagande de nombreux agents installés dans ces territoires et qui distribuaient à profusion des roupies et des boissons fortes pour acheter la conscience des leaders indiens qui réclamaient la rétrocession à l'Inde indépendante. La France a pris cinq ans pour arriver à une décision et c'est le 1er Novembre que les Français ont abandonné les quatre territoires occupés par eux. Nous constatons que les Français de Maurice et leur chef ont accepté sans murmurer la décision de la France, Patrie de tous les franco-mauriciens.

W.L.

Blood is Thicker than Water

NMU makes a Mountain out of a Molehill

While commenting the ceremony which took place at the War Memorial, Curepipe, on 7.11.54 – National Day of Remembrance – NMU writes: « Ceux qui ont assisté hier, à Curepipe, à la cérémonie officielle au Monument aux Morts, ont été stupéfaits en remarquant que les autorités, changeant l'ordre habituel de préséance, faisaient passer le Gérant du Commissariat de l'Inde avant le Consul de France. » NMU's assertion that the assistants were stupefied simply because the Representative of the Indian Commissioner was asked to lay a wreath on the Memorial before the French Consul is his usual habit of making a mountain out of a molehill. To the English, to the Indo-Mauritian and to the well-informed Franco-Mauritian, the procedure was quite normal and there was no earthly reason to be stupefied. Furthermore the public was aware that the representative of India was to be given priority as per a press communiqué issued by the Secretariat and which was also published by the *Cernéen* on the 5th November. The Communiqué reads: "... Wreaths will also be laid by the Colonial Secretary, The Commander Mauritius Sub Area, The Registrar of the Indian Commissariat on behalf of the Commissioner for the Government of India, the Consul for France..." The same procedure is adopted in all the Commonwealth countries, and as India is a member of the British Family of Nations, it could not be done otherwise. Besides, blood is thicker than water! For having changed the order of things the authorities should be congratulated and we think they won't care for what fanatic reactionaries say. What matters is that a long-standing error has been corrected.

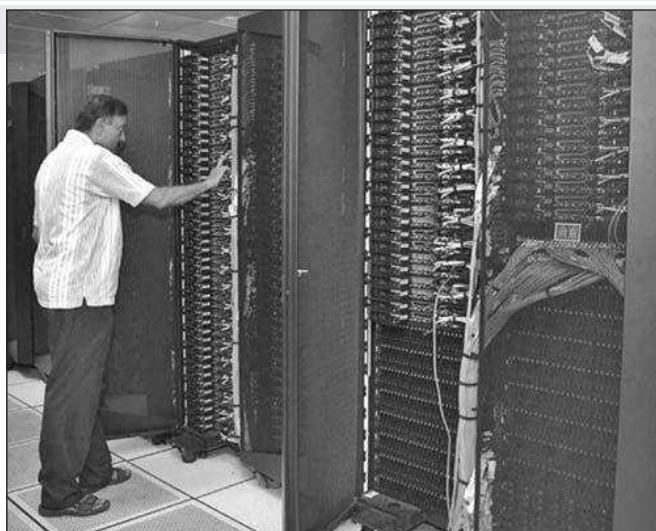
A little further NMU writes: « Toute la po-

pulation de descendance française ressentira comme un soulief le manquement à une tradition respectée et enracinée chez nous... Nous attendons de promptes explications des autorités... Sinon, nous comptons, pour notre part, pousser aussi loin qu'il le faudra devant l'opinion publique cette scandaleuse affaire. » To believe the *Cernéen*, the Franco-Mauritians are so sensible that they have been upset by a storm in a tea-cup. As usual NMU's tone is menacing; and setting something right is according to NMU “une scandaleuse affaire.”

The only person who should have protested is Mr Fernand Sangon, the French Consul. Or, are we to believe that NMU is voicing the feelings of the French Consulate? After all we don't think that the English Consul in Reunion would think it an “affront à l'Angleterre” if the representative of Madagascar or Indo-China is given priority in a ceremony where diplomatic etiquette comes in.

NMU never misses an opportunity to pour his spleen over the Hindus. Commenting the “incident” which happened during the course of the War Memorial Ceremony at Curepipe, he writes: “La troisième faute a été commise par les Hindous eux memes. Leur tendance actuelle à se pousser sans cesse du col commence à les faire haïr un peu plus chaque jour des autres communautés ethniques du pays. Ils montrent vraiment un peu trop qu'ils veulent prendre dans tous les plans, la place des autres...” If there is anybody who is creating bad blood and thus making himself and his community disliked by others he is no one less than Monsieur Noël Marrier D'Unienville.

(to be continued next week)



India Diary

India working on building fastest supercomputer

cond machine being built by Cray Incorporated, the iconic American computer company which has projected that its machine would be ready by 2020, reports Deccan Herald.

The IISc-ISRO project has the backing of the Indian government which has set aside some \$2 bn for its development, apart from support to the other major initiative of having 100-150 supercomputers at the local, district and national levels under a national programme.

Prof N Balakrishnan, Professor at the Supercomputer Education and Research Centre (SERC) and Associate Director, IISc said "The world does not have an exaflop supercomputer yet. The first one is to come up around 2019. Research work on exaflops is underway at IISc, Isro and a few IITs and C-DAC for India's own proposed exaflop supercomputer. It is a collective project and scientists from around the country are involved in it."

But what India's science institutions are working on is no easy task, with the senior professor expressing caution about the project. "Taking up research on exaflops itself is a big step. An exaflop machine is not only hard to build,

but it is also very difficult to just run it. The system requires a level of energy way above normal levels. We need to have energy-efficient systems in place to build and run this machine. Higher the energy consumed, higher the costs. Good system and energy management will be crucial in cutting down costs." India's supercomputer program was initiated in the late 1980s when the US government launched sanctions against India that was seeking to establish supercomputing base in the country. The US thinking was that India would use the same for military objectives, not just civilian, and so, is best denied.

But India managed to come up with PARAM 8000 supercomputer, considered India's first. Built in 1990 by Centre for Development of Advanced Computing, it was replicated and installed at ICAD Moscow in 1991 with Russian collaboration. The fastest supercomputer in India now is the one at the Indian Institute of Tropical Meteorology, the second fastest one at Pune's Centre for Development of Advanced Computing and the third fastest at Bangalore's CSIR Fourth Paradigm Institute.

Letter from New Delhi

With Modi Visit, Indians Holding Their Heads High

Kul Bhushan

Indians in Australia are holding their heads high with the forthcoming visit of Prime Minister Modi, said Melbourne auditor Sudershan "Shan" Gupta in an exclusive interview.

"Ever since Modi took over as Prime Minister and started his action plans, India's respect has gone up many times here," he said. Indians are no longer taken as weaklings from a poor country but part of a new power in Asia to counter China. Previously, Indians were thought as zero; now they are something; their respect is fast increasing here, he said.

Some Australians believe that India is likely to overtake China because of its strong growth while China has slacked. The new image here is that India is unstoppable!



For the first time, all Australian state and federal government assemblies were lighted up for Diwali, he said.

The benchmark for Modi's reception abroad is his recent visit to USA and Australia may find it difficult to match it, as it is a small country with a very small Indian population. An Indian prime minister is visiting Australia after 28 years. In a unique honour, Modi will address both the Australian houses of parliament which is very rare for any head of state visiting Australia, he went on. Big plans are being made in Sydney and Melbourne to host him. In Sydney, he will hold a rally on the lines of his New York Madison Square Garden rally. In Melbourne, a dinner party of one thousand celebrities will be held in the Melbourne Cricket Club in his honour. His visit to Melbourne is important for local politicians to get Indian votes in the state elections coming on 29 November and so they will go out of their way to welcome him, said Gupta.

An indication of India's new respect in Australia is that no adverse comment has been made about the criticism of Chappell by Tendulkar despite all media highlighting this news, he added.

"Australia needs India more than India needs Australia," believes Gupta. This is to have an alternative to cheap Chinese goods and Chinese domination in Asia. Modi has countered China since he took over by hosting a visit of its head of state and also standing up to its border incursions. What has impressed Australians was the rescue of Indians stranded in Iraq soon after he took over, very much like an Israeli mission.

The agreement for the supply of uranium signed by the Australian prime minister during his recent visit to India is a good step but it will take another three years before India gets the first consignment due to various formalities, he said. Indian companies are exploring for oil in Australia but Australian investors still shy away from India as many have not reaped success due to red tape and corruption. Now Modi has to convince them that things are improving under his rule and attract more investment. Modi is expected to promote his famous 3Ds – demography, demand and democracy – for promoting investment into India. With the new 'Make It in India' campaign, he will also claim that red tape is a thing of the past.

India can benefit a great deal from Australian technology in many fields such as agriculture in dry areas, water management, and medicine to name a few.

"With Modi's visit," said Gupta, "Indo-Australian relations are in for a big push."

Kul Bhushan worked as a newspaper Editor in Nairobi for over three decades and now lives in New Delhi

PM Modi invites ASEAN nations to invest in India

Asserting that India and ASEAN have "no irritants" in their ties, Prime Minister Narendra Modi on Wednesday invited the 10-nation bloc to be part of his country's "new" economic journey even as his strong "Make in India" pitch got the support of the grouping.

The Indian PM in his interaction in Hindi at the round table said that a "new era" of economic development, industrialisation and trade has begun in India and that the rapidly developing country and ASEAN can be "great partners" for each other.

Noting that India's 'Look East' policy has become 'Act East' policy, Modi assured the ASEAN leaders that he would give his "sustained personal" attention to India's relations with the regional bloc.

"We have embarked on a new economic journey in India, we invite you to this new environment in India," the prime minister said. ASEAN plans to become one economic community by the end of next year.

Presently, India-ASEAN trade is around USD 76 billion which is just three per cent of total ASEAN trade. They have set a target of USD 100 billion for bilateral trade by 2015.

"My government has been in office for six months and the intensity and momentum with which we have enhanced our engagement in the East, is a reflection of the priority that we give to this region," the Prime Minister said at the summit held at the sprawling Myanmar International Convention Centre on the second day of his 10-day three-nation tour of Myanmar, Australia and Fiji.

Modi also said that in this age more than physical connectivity there is need for information highways or i-ways.

ASEAN comprises 10 countries – Brunei, Cambodia, Indonesia, Laos, Malaysia, Myanmar, the Philippines, Singapore, Thailand and Vietnam.

Modi will also have bilateral talks with Australian Prime Minister Tony Abbott in Canberra after the G20 summit. He will be the first Indian Prime Minister to visit Australia in 28 years since Rajiv Gandhi in 1986.

Pitching for closer strategic partnership with Australia, he said it will support India's economic goals, "promote our security interests, including maritime security, and reinforce our efforts to foster a climate of peace and stability in our extended continental and maritime neighbourhood."

The four-city, three-day visit from November 16 covers Melbourne and Sydney besides Melbourne and Canberra.

Referring to his day-long visit to Fiji on November 19, Modi said it will be his privilege to visit that country, with which India shares "historical and ethnic links", soon after the return of democracy in September this year.

"We also owe them a debt of gratitude for hosting our scientists on the island in support of our Mars Mission," Modi, who will be meeting leaders and representatives of 12 Pacific Island nations, said.

Modi will be the first Indian Prime Minister to visit Fiji after a gap of 33 years, the first being Indira Gandhi in 1981. He will have talks with Premier Frank Bainimarama.

Out of the 849,000 population in Fiji, 37 per cent people are of Indian origin. Many Indians arrived in Fiji as indentured labour in the 19th century.

He said said he was looking forward to a future of regular engagement and more robust cooperation with Fiji and other Pacific Island countries.

Minister Says India, US Reach Agreement on Food Stockpiling, Way Cleared for WTO Deal



India has reached an agreement with the United States on public stockpiling of food, commerce minister Nirmala Sitharaman said on Thursday, paving the way for the implementation of a global trade facilitation deal that has been stalled for months.

"India and the United States have resolved their differences on public stockholding of food," Ms Sitharaman said. "This opens the way for implementation of the WTO trade facilitation deal."

The proposals will be reviewed by the World Trade Organization's General Council, she added, expressing the hope that approval would clear the way for India to sign a protocol enabling implementation of the trade accord, reports NDTV.

She also tweeted, "WTO General Council will receive India's proposal and US will support us."

At the end of July, Prime Minister Narendra Modi pulled the plug on implementing the Trade Facilitation Agreement struck in Bali last year, linking it to the issue of rural poverty in the country.

India has refused to bow to foreign calls to scale back a scheme to buy wheat and rice that it distributes to 850 million people. Critics have said the food stockpiling amounts to paying farmers to produce food, which is likely to lead to food surpluses that will get dumped on world markets.

India has wanted to keep a "peace clause" that protects its huge state food purchases until the World Trade Organization can strike a definitive deal on stockpiling. As originally envisaged in Bali, the clause would expire in four years.

Critics had said Prime Minister Modi's tough line could isolate him at his first G20 summit of world leaders in Brisbane, Australia, beginning this week. New Delhi's blockade plunged the WTO into its worst crisis in two decades and backroom efforts were on to break the deadlock; a senior

trade ministry official visited Geneva for talks with key WTO members.

Last week, Finance Minister Arun Jaitley had told a World Economic Forum conference in New Delhi, "India's position on trade facilitation has been completely misunderstood because of unreasonable positioning by some of the developed countries."

Mr Jaitley had repudiated suggestions that India was fundamentally opposed to trade facilitation, which would entail easing port and customs procedures and, by some estimates, add \$1 trillion and 21 million jobs to the global economy.

* * *

8-Year-Old Indian-Origin CEO to Give Lecture at Cyber Security Summit

An eight-year old Indian-origin child prodigy is among experts who will address a cyber security conference starting Thursday, where Minister of State for External Affairs V K Singh is also listed as a keynote speaker.

In his address at the summit on November 14, the US-based whizkid Reuben Paul will highlight and demonstrate the need for developing the current generation with cyber security skills, according to the organisers of Ground Zero Summit to be held in New Delhi.

The organisers said, "8 year old Reuben Paul gives keynote at Houston Security Conference."

"I started learning about computer languages around one- and-a-half years back. Now I design my own projects," reports NDTV.

The prodigy has been trained by his father, Mano Paul, in Object C programming language and is now learning Swift programming for Apple's iOS platform. Mano Paul, born and raised in Odisha, moved to the US in 2000.

In August Reuben started Prudent Games, his own gaming firm and is designated as CEO of the company. Mano Paul is his partner in the company. "This will be Reuben's fourth conference where he will be giving lecture on cyber security. He will talk about the need to create awareness about cyber security among young kids as well as demo white page hacking," Mano Paul said.

The other keynote speakers listed for the summit include Home Ministry Joint Secretary Nirmaljeet Singh Kalsi, Special Commissioner Police (Traffic) with Delhi Police Muktesh Chander and National Technical Research Organization Director of Cyber Security Operations Alok Vijayant.

Compiled by D. Ramlallah

By now it is common knowledge that there are two main kinds of diabetes: Type 1 and Type 2. A third type of diabetes less commonly known is Gestational Diabetes, a 'temporary' condition affecting some pregnant women only.

Type 1 diabetes starts at a young age and is also known as *juvenile* or *insulin-dependent* diabetes. This is because these patients have to be given insulin as treatment, since in their case the pancreas is diseased and does not produce the hormone insulin, as would happen in normal circumstances. Insulin is responsible for converting sugar (glucose) in foods into energy, which everyone needs for living.

On the other hand, Type 2 diabetes is also known as *maturity-onset* diabetes because it affects patients at a later stage of their life, around the age of 50-60 years, although in some cases this could be earlier if patients are genetically predisposed. Here the diabetes results from a phenomenon called insulin resistance; essentially this refers to the inability of the body to use the insulin to convert glucose into energy, resulting in a high level of glucose in the blood. But unlike Type 1, Type 2 diabetes is classified as *non-insulin dependent*, meaning that it can be adequately managed by means of chemical drugs and physical

exercise.

The triggering of insulin resistance is generally attributed to the accumulation of fat because of high calorie diet coupled with a sedentary lifestyle. Disproportionate weight gain, along with abdominal obesity is a tell-tale sign of insulin resistance, as well as being responsible for a host of other health complications.

In both Type 1 & 2 diabetes, patients are faced with the daily challenge of monitoring blood sugar levels either by



Managing Diabetes

taking appropriate doses of medications or insulin injection, or a combination of both, as the case may be.

Proper eating habits through the consumption of a balanced diet evenly spread over the day is a very important part of control of diabetes, through controlling the type and portion sizes of food one consumes. If diabetes is poorly controlled, over time this can lead to other problems like heart disease, kidney failure and poor blood circulation in the legs that may result in amputation.

Diabetics must avoid processed sugar and junk foods, and choose suffi-

cient lean protein, complex carbohydrate, good fats and adequate fibre in the food regimen. Preferred protein sources are nuts, legumes, beans, tofu, eggs, fish, lean meat and skinless chicken. The basic recommendation is to fill half of one's plate with fruits and vegetables, one quarter with lean protein and the rest with carbohydrate. Also, since carbohydrate is the crucial determinant for an optimal blood sugar balance, the sources of carbohydrate should preferably be complex coming from whole grains, legumes and low-fat dairy products.

Under the guidance of one's medical practitioner and a dietitian/clinical

nutritionist, a meal-plan can be individualized to suit the body-type and the severity of the disease in a given patient.

This approach has the merit of also reducing the doses of drugs prescribed by physicians.

In addition to supplements containing micronutrients like vitamins, minerals and omega-3 fatty acids, it has been established that fenugreek seeds (methi) contain an alkaloid known to reduce blood sugar level. Additionally, fenugreek seeds have the advantage of lowering blood levels of bad cholesterol and triglycerides which themselves are precursors to the onset of diabetes.

The seeds can be eaten whole after overnight soaking in water or in powder form as a drink, and should be taken 15 minutes before a meal. The powder can also be incorporated in preparations such as chapatti, rice, dal and vegetables for overall beneficial effect. Pregnant women should however seek medical advice before having fenugreek seeds.

As for gestational diabetes, it is mainly a result of insulin resistance. In fact during pregnancy hormones block some of the usual action of insulin in order to allow the baby to get sufficient glucose. There is also the mistaken belief that a pregnant women should eat for two and

this situation gets further complicated if the mother indulges in too many refined carbohydrates. However, gestational diabetes generally disappears once the baby is born but this is conditional upon the general health of the mother.

The usual symptoms in the onset of diabetes are:-

- Frequent and copious urination
- Abnormal thirst
- Rapid weight loss
- Extreme hunger
- General weakness, drowsiness and fatigue
- Itching of the genitals and skin disorders
- Visual disturbances and blurred vision.

Since diabetes is a silent disease, it is highly recommended that people become aware of its possibility and attend screening programmes available that allow for early detection. And once a diagnosis of diabetes is made, patients must see their doctor and a dietitian as well for the purpose of designing an optimal meal plan. Patients are exhorted not to resort to medical drugs alone as they generally tend to do.

On a side note, frequent bed-wetting by children may be a first clue to possible diabetes and is not necessarily a

behavior disorder. If this is observed in a child, expert advice must be sought, and it may be necessary for the child to undergo a blood glucose test.

Teenusha Soobrah

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Electoral Reform: Where to?

* Contd from page 1

We quote: 'Rather than using the parallel system referred to by the Select Committee which would not address the imbalance of votes and seats, or the compensatory mode of allocating proportional representation seats favoured by the Sachs Commission, which converts the system into a proportional one in many circumstances with the attendant risks of instability, Sithaneni proposed the "unreturned votes elect" formula to elect the 20 list tier MPs, i.e. the use of votes of candidates who had polled well but had not been elected. The votes of unelected candidates of all parties are taken into account in all 21 constituencies. The votes are aggregated and the parties are allocated seats according to their share of votes of unreturned candidates nationally.'

The question that arises is what will be the likely impact of the UVE – and its unintended consequences, if any – on the overall electoral outcome? This question assumes greater importance given the unequal sizes of our 20 constituencies as well as the fact that the smaller constituencies tend to support the MMM and the larger ones back the Labour Party. Is it possible for the MMM to obtain more wasted votes than the LP and hence more of the additional seats in spite of it having lost the elections nationwide? What do simulations carried out on previous election results demonstrate in terms of the impact of the UVE on the final seat count? Further, what if these two major parties (Labour Party & MMM) are in opposition to each other? What do simulations point to? We understand that such simulations have indeed been carried out, and their results would not be a matter of comfort for the LP's electorate.

Manoj Gokhool, Chairman of the UK-based International Centre for Electoral Psychology, is considered as one of the foremost experts in voters' psychology and the determination of choice. His observations in this week's interview, to the *MT* confirm our earlier stand about the need for caution when it comes to overhauling the electoral system: 'The problem with the Electoral Reform Consultation Paper is that while political science knows of several essential types of wasted votes, the Consultation Paper only considers one of them. This is a

critical problem because while ignoring wasted votes is unfair, *acknowledging some wasted votes while ignoring others* which may potentially be even more important in numbers could result in a system which might not be less but in fact even more unfair, especially as our constituencies tend to vary a lot in size!' (italics added). He adds that the selective concept of wasted votes means that 'those who win in small constituencies and lose in big ones (the MMM) get more votes counted under the List system than those who win in large constituencies and lose in small ones (Labour Party)! This is a 'double peine' for the parties which win the popular vote!'

Has this scenario been presented to the population? It would surely make them think twice before they cast their votes, especially the supporters of LP. Clearly, there is an important reflection that has not been carried out by LP, and it implies inducting the right expertise into the analysis to consider in detail what exactly is being proposed and how this is likely to impact electoral outcome. LP owes it to its electorate – why, to the country as a whole – to get scenario exercises carried out and that will give a close approximation of what the future holds for those who still wish to vote the Alliance into power.

We have consistently maintained that one does not proceed to make such a critical leap in electoral/Constitutional reform on the basis of discussions between two ageing leaders, excluding all others, without any consideration for the views of the people at large. We maintain that considerably more time must be allowed to consider in depth the proposals made, seek the appropriate expertise to perform scenario simulations, present these to the public, and then after factoring in the responses decide on the way forward.

It is the soundness of this country's future governance that needs to be guaranteed. Until concern for that as a primary issue is expressed in as many words by the leaders of the two parties in Alliance, and the necessary steps taken to address it expertly, voters are advised the greatest caution as they envisage to present themselves at the booth on 10th December.

M.K.

The Grandest Question of All: Are we Alone?

• Cont. from page 1

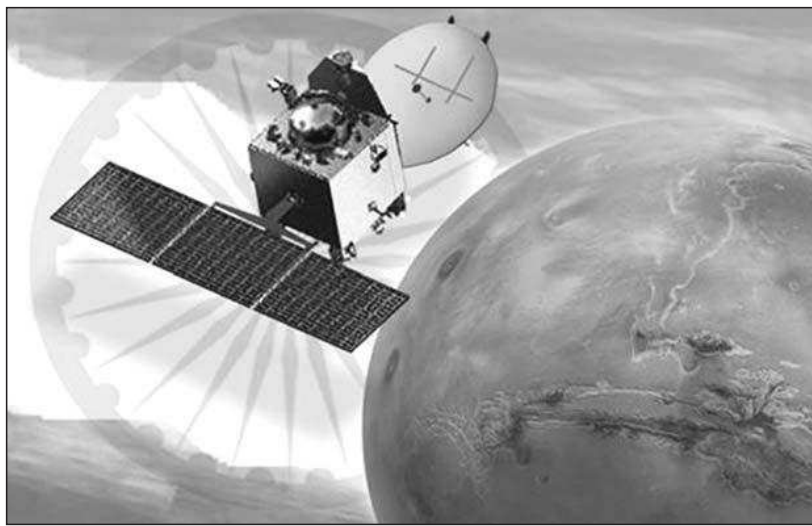
It's as if we are not satisfied with being limited to our own bodies or to only this world that we see: we are on the lookout for something more, preferably only a bit like or unlike us, but not really quite like us. We imagine them as monsters or friends. HG Wells' green little men from Mars, ET and Jedi, or creatures from the deep of the Jules Verne variety: man's imagination spans many a range.

There are scientists pursuing a programme called SETI; the Search for Extraterrestrial Intelligence. In his book *Cosmos*, late Carl Sagan the famous astronomer has even given a formula for the possible number of planets in our universe that may harbour life as we know it, that is, life based on carbon. SETI is a serious pursuit, and it has spawned the science of astrobiology. If ever we find some evidence of life, it is likely to be in the form of microbes, and biologists are the ones who will be involved in unravelling their structure and so on, and search for the clues that may identify them as living or, if they are fossils, as having been living.

On the other hand, astronomers have been busy searching for earth-like planets, in terms of their size, whether their atmosphere contains oxygen, whether their surface contains water or ice – all these being conditions which would make the possibility of life existing on them likely. To date there are probably a few hundreds of such 'exoplanets' that have been discovered. Claims for evidence of ice on the moon have been made too, but as yet there is no firm conclusion.

The favourite planet in our solar system in our search for life, other than the moon, is Mars. It is a size that is comparable to that of the Earth. Known as the red planet, it has exerted a fascination on man's imagination since early times. And of course, we have reached it, the Americans having landed their Rover which has sent back valuable data in addition to pictures of its forbidding but grand landscape. Several years ago, a meteorite of Martian origin was discovered in the Antarctic. It was probably some thirty million years old, and seemed to contain evidence of the presence of bacteria.

There is also the Indian Mars Orbiter Mission, Mangalyaan, which was launched in November 2013 and successfully entered the Martian orbit some weeks back. It is equipped



“The favourite planet in our solar system in our search for life, other than the moon, is Mars. It is a size that is comparable to that of the Earth. Known as the red planet, it has exerted a fascination on man's imagination since early times. And of course, we have reached it, the Americans having landed their Rover which has sent back valuable data in addition to pictures of its forbidding but grand landscape... There is also the Indian Mars Orbiter Mission, Mangalyaan, which was launched in November 2013 and successfully entered the Martian orbit some weeks back. It is equipped with a probe to test for the presence of methane in the Martian atmosphere, amongst other experiments it will be conducting. As methane is a gas produced by some microorganisms, its detection would indicate that there may be life on Mars...”

with a probe to test for the presence of methane in the Martian atmosphere, amongst other experiments it will be conducting. As methane is a gas produced by some microorganisms, its detection would indicate that there may be life on Mars, which would tally with the meteorite finding mentioned above.

On the other hand, on Wednesday a mechanical space traveller called the Philae probe, carried by a spacecraft of the European Space Agency known as Rosetta, landed on its target, a comet 'with a much less romantic name: 67P', some 310 million miles from Earth. There is excitement about this achievement around the world. In the article on the ESA website, Matt Taylor, ESA Rosetta project scientist, said: 'Rosetta is trying to answer the very big questions about the history of our solar system. What were the conditions like at its infancy and how did it evolve? What role did comets play in this evolution? How do comets work?'

Science fiction writer Alastair Reynolds said: 'This is science fiction made real in terms of the

achievement of the mission itself, but Rosetta is also taking us a step closer to answering science fiction's grandest question of all: Are we alone?'

There is a theory that life on Earth may have come from outer space (Fed Hoyle and Wickremasinghe), hence the interest in comets which come down to us from the depths of the universe. If indeed evidence of methane gas or microorganisms is found on them, we will have a lot of rethink to do!

As of now, as regards the beginnings of life scientists still do not know the definitive answer but there are certain puzzling observations – puzzling because we tend to take human life as the reference model. For example, the extreme conditions under which certain microbes live, such as in the hot-springs of Yellowstone Park in the US or in the frozen depths of Antarctica. Somewhere under the ocean floor they've even discovered that there are microbes surviving in sulphurous cracks apparently without oxygen and obviously without sunlight. These suggest that life may have begun in a volcanic spring or in a sort of primeval soup.

There are also the experiments of Stanley Miller in the 1950s: he made electric sparks pass through a mixture of gases presumed to have been present in the prebiotic ('before life') era and the result was the formation of some organic molecules, precursors of those found in living organisms.

Don't forget too that we are made up of over 70 per cent of water, and there are chemical similarities between the fluids in which the cells that make up our body are bathed and seawater.

If some day we discover that we are not alone in the universe, let us hope and pray that the living creatures we find will, unlike us, be messengers of peace and love makers rather than the warmongers and destroyers that we are. The world is truly war weary, and it is a necessity of the times to revive afresh the slogan of the days gone by: MAKE LOVE NOT WAR. Like the Bonobos in the Congo.

Shouldn't we? That way we can focus our resources and energy on the many more exciting discoveries that await us. Let us join the search, even if it is of the armchair type, following what's the latest about Philae and Mangalyaan. We'll be doing all of us a greater service...

RN Gopee

"One should not be playing Russian roulette with electoral reform... ... and take the risk of generating significant democratic crises"

* Contd from page 2

* In general terms, what are the circumstances and reasons that would otherwise lead a country to change its electoral system and adopt a new one?

Typically, electoral systems are changed because something is not working with the current one. For instance, it may produce too much instability, or it may be seen as insufficiently representative, meaning that some citizens or regions are over-represented compared to others, or it could foster division rather than unity in the country, or it may not be fit with the modernisation of society. It is also the case that democracies 'age', and one would have different priorities and safeguards in the context of a democratising country as compared to when democracy is more mature.

It is also important to note that no electoral system is perfect. Any electoral system implies some trade-offs and choices that need to be made carefully and consciously, evaluated independently so that one can think not only of what a new electoral system could improve, but also possible shortcomings and what would be the 'worst case scenario' that citizens should have in mind when deciding whether to support a change of system or not.

One should bear in mind that that elections are not *only* there to transform votes into seats but *also* to cement citizens and give them a sense of ownership, responsibility, and efficacy within their political systems.

* Once there is a national consensus on the need to change the electoral system, how does a country decide on which new electoral system would best suit the country's requirements?

There is no hard and fast rule or one-size-fits-all system. However, typically, politicians would make proposals and try to reach a consensus, then they would organise an independent evaluation of the proposals to assess the likely consequences of the proposed changes; they would next discuss independent evaluations and either update the proposals accordingly or submit it to citizens' vote together with the evaluations that have been conducted. This is the most democratic way to proceed. This is a crucial part of democratic accountability and transparency. It is crucial that nobody be judge and party.

* What are the criteria that are normally used to assess the fairness of an electoral system?

“You need independent specialists to tell you how this might work including in both best-case and worst-case scenarios, and evaluate the opportunity to consider small modifications to the proposed system so that it works better and/or more reliably. This is an indispensable step that cannot be avoided, because if you cut corners and say, ‘I think that this will be the effect’, then you are playing Russian roulette with your representative system and taking the risk of generating significant democratic crises...”



Fairness is just one element be it a very important one. However, there are some other equally important elements, and these relate to the institutional framework, i.e. **Government Stability** (including, in our view, the emergence of clear majority), **Effectiveness** (in enabling governmental alternance if so wished by voters), **Accountability**, **Avoidance of Communitarianism**, as well as **Socio-demographic Inclusiveness and Gender Representation**.

There are also non-institutional elements which can be classified as **Civic and Psychological**. They include **Readability** (sufficiently straightforward and readable so that citizens can relate to it); **Psychological Inclusiveness** (all citizens should be in a position to feel that they can relate to the logic of their electoral system regardless of their background, community, or education); **Ownership** (electoral reform should be seen as serving the interest of citizens); **Engagement** (a good electoral system must make citizens want to participate in elections and feel that their participation matters both symbolically and politically); **Identity Consolidation** (elections should consolidate citizens' political identity and their perspective of 'sharing' important moments in the life of their country); **Continuity** (an extremely radical electoral system reform sends a very different signal to citizens and parties alike than a reform which, however significant, appears to be rooted in an existing tradition. Indeed, creating 'significant losers' — be it amongst parties or citizens — can lead to significant backlash and a risk to deepen some social, political, or ethnic fragilities which the system should, instead, try to mend).)

One might say that it all looks too complicated and it should be left to specialists to deal with these matters and the average voter would not understand it anyway. In my opinion, as we are

dealing with the most precious asset that any citizen possesses in a democratic society, however complex these issues may be, it is up to the specialists and political class to ensure that the choices are clearly understood so that voters can make informed choices. Ultimately, history has shown that if politicians want to be trusted, they have to trust the electorate.

I would also like to point out that Mauritius has a highly respected independent Electoral Commission which can play an important role in that process.

* How does the buy-in of the people through a referendum affect the way the new electoral system is ultimately perceived and applied?

Asking the population to decide makes them more likely to accept the outcome of the new electoral system should they decide to vote for a change. In effect it also makes the voters accountable.

Let us say, for example, that there has been no consultation with the voters. It is highly likely that after the first election under the new electoral system, the losing party/parties would do a simulation of what the result would have been had there been no change. If the outcome would have been different, this could be used to cast doubts on the legitimacy of the newly elected government. On the other hand, if they have been consulted, they might not like the result, but they are more likely to accept it because they have been part of the process.

* What do you consider as the most important future development in the democratic cycle of Mauritius?

The development of the next generation of political leaders.



Bank Of Mauritius

Website: <https://www.bom.mu>

Communiqué Invitation to bid for the Replacement of existing data network and PABX infrastructure

The Bank of Mauritius (Bank) wishes to inform all eligible and qualified bidders that it is availing itself of paragraph 6 of the Invitation to Bid of 26 December 2013 to annul the above bidding exercise.

The Bank thanks all the bidders who have expressed an interest in the bidding exercise.

**Bank of Mauritius
11 November 2014**



Bank Of Mauritius

Website: <https://www.bom.mu>

Communiqué NATIONAL PAYMENT SWITCH

On 26 May 2014, the Bank of Mauritius (Bank) launched a Request for Proposal (RFP) for the supply, installation, implementation, customization, interfacing, training and support services for a National Payment Switch in Mauritius. The closing date for submission of bids was 8 August 2014.

The Bank wishes to inform all bidders that it is availing of paragraph 4.15.5 of the RFP to terminate procurement proceedings.

The Bank takes the opportunity to thank all bidders for the interest shown in the bidding exercise.

**Bank of Mauritius
11 November 2014**



Family Firms and Economic Performance

• Cont. from page 1

Others were set up by individuals taking advantage of new market opportunities as Mauritius opened up more significantly to international trade, such as textile and garment factories. Even as one looks at the holding structure of modernized larger sugar companies (with more diversified activities) of the past decades or at the textile companies or the more recent ICT-BPO companies, family ownership still remains predominant, centuries after the creation of joint stock companies involving a diversity of investors and despite the operation since 1987 of an official Stock Exchange of Mauritius.

Along with those larger companies on the business landscape, there have emerged, since several decades past, small and medium enterprises (SMEs) covering a wide diversity of activities, mostly in the retail business but rarely going out to serve external markets as do the larger companies. The SMEs also have a core family ownership structure. They have expanded in scope the past years but have never attained the scale of the classic larger family businesses both in terms of revenues and sales.

These smaller SME units currently account for 54% of total employment in Mauritius. Although also basically family-owned, SMEs collectively provide the most of jobs in the economy. Nevertheless, the larger firms, including family firms, are the ones that contribute the most to GDP because they are more sophisticated and operate the higher value adding activities such as trade, finance and other services and tourism.

The larger family firms of the country have, through cross-ownership of shareholdings across companies, retained dominance of the country's major economic activities. Financial regulators haven't been able to deal with the dominant control families have in them if only to strengthen the rights of non-family shareholders. As a result, families have continued to occupy a preponderant role in the affairs of our bigger firms. Cross-ownership of as many companies as possible by family groups is being adopted just as well by the upcoming owners of newer businesses.

The question therefore arises as to whether family firms are here to stay. The conventional wisdom was that once larger and liquid capital markets would come on stage, local family firms would no longer rely on continued funding by families for their expansion. It was believed that firms' greater ease to tap both local and global stock and bond markets for financing would give family owners of funds the opportunity to exit the firms they had founded so that the founding dynasties would get replaced by numerous other investors, including institutions having surplus funds to invest in profitable companies. The evi-

dence at the global level and more so in emerging markets is that this is not the case.

Fortune Global 500 tracks the world's largest firms by their annual sales figures, typically those with annual sales of \$1 billion and more. Data show that 85% of \$1 billion+ firms in South-East Asia are family-owned, 75% in Latin America, 67% in India, 65% in the Middle East, 40% in China and only 35% in sub-Saharan Africa.

Globalisation and recent years' rapid economic growth have reinforced this trend. Lower percentages for China and sub-Saharan Africa are due to the fact that in these places, the largest firms are state-owned. *Fortune* Global 500 shows that, in contrast, only 15% of large American firms are family owned but not declining. The figure is 40% in the case of European

Wallenberg business empire, amongst numerous others. McKinsey, a consulting firm, forecasts that *Fortune* Global 500's family firms are set to increase from 8,000 in 2010 to 15,000 by 2025.

The reasons for the expected sustained growth of family firms are: their better access to capital markets without loss of control in the case of the best managed firms, controlling shareholders keeping under constant hard scrutiny the need for the firm to professionally manage itself to maintain its competitive advantage, a longer-term vision and perspective based on learning by doing, pursuit of long term sustainability rather than adopting the custom of non-family and/or private equity-owned firms targeting short term gains, a healthy reluctance to get entangled into unsustainable debt to make the firm more resilient when times are not so good and standing on a proven business culture based on noble family values resulting in worker-management relationship of greater trust and mutual dependency.

If the family firm is here to stay, especially in environments such as ours, we in Mauritius could advantageously imbibe the strong sense of values the better performing family firms of the world have made theirs. Quality and endurance foremost. Our firms could light the way by not indulging in futile family squabbles and feuds which have destroyed in the past the very first stirrings of progress, landing entire families at notaries' doorsteps for dispute resolution or splitting up properties into uneconomic smaller parts.

Family firms could pre-agree to a viable and acceptable succession plan to keep the business together and thus avert the risk of splintering the business due to sterile conflicts of personality among family members if only to maintain public faith in their endurance and growth. From their vantage points, such firms might be tempted to raise barriers to entry of all sorts to gain monopolistic

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big stock market listed companies, much lower than in emerging markets but high for a developed market.

The entrenchment of the still-dominant family corporate structure of Mauritius is therefore no different from the recent trend observed in emerging markets and developing countries which recently experienced rapid economic growth. Existing families have extended their hold on the corporate market. Our state-owned enterprises made no compensating headway either to expand the public domain; in fact, many public sector enterprises have fallen behind in scope or are being sold away under the influence of so-called World Bank-type ultraliberal “reforms”. We are quite removed from what obtains in America and Europe where much lower family ownership prevails. Moreover, our family-owned companies have not had the strong ambition of family firms in other places: innovating continuously, making incursions into more promising markets and going for a better diversified market reach in unexplored territories.

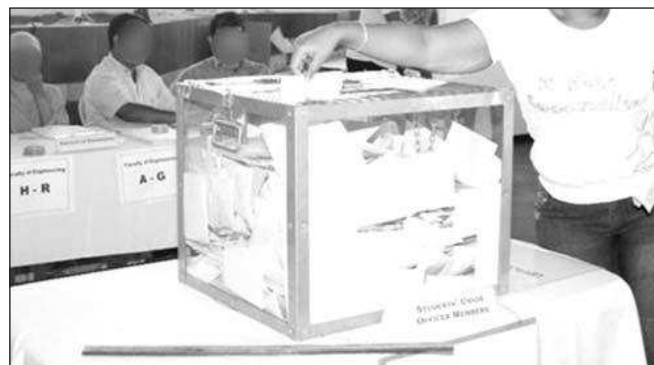
Some globally well-known firms are family-owned. The big names include multinationals like Germany's BMW, the world's largest US family firm Walmart, South Korea's Samsung, India's Tata and Reliance Industries, French luxury houses LVMH and Kering and Sweden's

or oligopolistic advantages preventing others entering the market. But it is not the way forward when seen in the perspective of the country as a whole, e.g., our telecoms sector became a commercial instead of becoming an industrial enterprise.

At society's level, there has come about a feeling of alienation at the rate of appropriation of most of the resources and the bigger avenues for economic growth by the more powerful family firms of the country over the years. This is why the promise by a political party that it would “democratize the economy” if it won at the polls carried a wave of support from voters.

It hurts nobody should a government adopting a new set of policies open up more economic space by creating opportunities for a wider swathe of entrepreneurs to emerge from our ranks and take on the markets – not only the domestic market. History has shown that we have extended our scope into production territory that had been heretofore foreclosed to us. Going in that same direction with all our available talents does nobody harm. Without pitching one set of people against another, we can grow our scope with family firms et al by extending a fair chance for more of our budding entrepreneurs to delve into business. All it needs is effective policy-making.

Anil Gujadhur



• Cont. from page 1

Invité, dans un entretien avec Jérôme Boule, à expliquer une telle divergence avec les résultats électoraux réels deux mois auparavant, le responsable du sondage expliqua, sans doute avec grande justesse, qu'avec seulement 115

press de ce lundi 10 novembre effectué encore une fois au téléphone sur 600 sondés ne déroge pas à ces règles de bon sens autant que de statistique. A prendre donc avec de très

“Les enquêtes téléphoniques sur 600 sondés donnent au minimum des marges d'erreurs de 4-5% et que, dès qu'il s'agit d'analyse par sous-groupes (groupes d'âge, résidence, catégorie socio-professionnelle ou ethnique), les marges d'erreur deviennent telles (10, 15 ou 20% !) que toute prétendue analyse ne vaut plus grand chose. Le dernier sondage dans l'express de ce lundi 10 novembre effectué encore une fois au téléphone sur 600 sondés ne déroge pas à ces règles de bon sens autant que de statistique. A prendre donc avec de très grosses pincettes...”

sondés (sur 600) dans le Nord, la marge d'erreur (plus de 10%) était telle que l'écart entre les deux alliances selon le sondage ne voulait rien dire, que les deux alliances politiques, l'une avec 26% et l'autre avec 38%, étaient sûrement à pied d'égalité, ce qui expliquait les résultats des partielles ! Bref, on aura compris qu'avec cette méthode, 26% = 38% = 50%!...

On retiendra de la Rédaction même de ce journal, que les enquêtes téléphoniques sur 600 sondés donnent au minimum des marges d'erreurs de 4-5% et que, dès qu'il s'agit d'analyse par sous-groupes (groupes d'âge, résidence, catégorie socio-professionnelle ou ethnique), les marges d'erreur deviennent telles (10, 15 ou 20% !) que toute prétendue analyse ne vaut plus grand chose. Le dernier sondage dans l'ex-

grosses pincettes.

Néanmoins, par simple curiosité, je me suis efforcé d'y jeter un coup d'œil, exercice qui ne m'a guère rassuré je dois l'avouer. En prenant une simple question « Vos pronostics - Quelle Alliance remportera les prochaines législa-

“En prenant une simple question « Vos pronostics - Quelle Alliance remportera les prochaines législatives 2014? », la réponse semble claire : globalement 58% des sondés pensent que ce sera l'Alliance PTR-MMM. Seulement, voilà : à une autre question, combien de sièges pronostiquez-vous pour l'Alliance PTR-MMM, la somme des réponses « plus de 30 sièges » se monte à plus de 83% !... Allez comprendre!...”

tives 2014? », la réponse semble claire : globalement 58% des sondés pensent que ce sera l'Alliance PTR-MMM.

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pour l'Alliance PTR-MMM, la somme des réponses « plus de 30 sièges » se monte à plus de 83% !... Allez comprendre! Les sondés sont-ils inconséquents ou irrationnels d'une question à l'autre? Ou plutôt, est-ce que 58%=83% ? Prenez la

Revoilà les sondages!

réponse qui vous convient ! Quant au « classement » des personnalités politiques, beaucoup auront sans doute souri de ces résultats plutôt fantasques.

Quelle importance accorder à ces méthodes douteuses? Les sondages devraient-ils être mieux régulés, surtout en période électorale? En tout cas, les marges d'erreur de tout sondage publié devraient être clairement et obligatoirement affichées.

Ce qui en passant nous permet de nous interroger : peut-on imaginer un seul instant que les bulletins d'information de la station nationale de radio-télévision publique aient été aux mains de groupes de presse privés? Brassant des « analyses » de quelques commentateurs, avec des prétendus spécialistes « indépendants », des interventions quotidiennes des mêmes quinze habitués radotant leurs meetings

publics, avec des micro-trottoirs rigolos et de savants sondages-gnognotte? Heureusement que la population dispose de la MBC dans cette déferlante de bruit et de fureur.

U.C.



New Social Security Office at Grand Baie

The public is hereby informed that the Social Security Office at Grand Baie will be transferred as from Monday 17 November 2014 to the following address:

Royal Road
(near Store 2000)
Grand Bay

Ministry of Social Security, National Solidarity and Reform Institutions

11 November 2014



Bank Of Mauritius

Website: <https://www.bom.mu>

INVITATION FOR BIDS REFURBISHMENT OF OLD BANK OF MAURITIUS BUILDING PACKAGE BS6 – KITCHEN EQUIPMENT

The **Bank of Mauritius** invites sealed bids from qualified bidders having adequate resources and experience for **Package BS6 – Kitchen Equipment** for the complete Refurbishment of the Old Bank of Mauritius Building.

Tenders in sealed envelopes, clearly marked 'Invitation for Bids – Refurbishment of Old Bank of Mauritius Building' for **Package BS6 - Kitchen Equipment**

and addressed to:

**The Chairperson of Tender Committee
Bank of Mauritius
Sir William Newton Street
PORT LOUIS**

should be deposited in the Tender Box B of the Bank, located in the Banking Hall of the Bank, by **13.30 hours on 02 December 2014 (local time)** at latest.

For further details please consult the website of Bank of Mauritius at <https://www.bom.mu>

11 November 2014



SIT Land Holdings Ltd

A subsidiary of Sugar Investment Trust

Ground Floor, NG Tower, Cybercity, Ebène
Tel: 406 4747, Fax: 466 6566, Email: info@sit.mu, Website: www.sit.mu

NOTICE

Unaudited Abridged Interim Financial Statements for the quarter ended September 30, 2014

Notice is hereby given that the *Unaudited Abridged Interim Financial Statements for the quarter ended September 30, 2014, for SIT Land Holdings Ltd (SITLH)* have been published. Copies of the unaudited abridged interim financial statements are available free of charge, upon request made to the Company Secretary, at the registered office of the company, Ground Floor, NG Tower, Cybercity, Ebène, or can be viewed on the Company's website www.sit.mu.

By Order of the Board

Geerendra Gocool, FCCA
SIT Corporate and Secretarial Services Ltd

Secretaries

Dated this 12th November 2014

This notice is given pursuant to DEM Rule 17 and the Securities Act 2005. The Board of Directors of SITLH accepts full responsibility for the accuracy of the above notice.

LOTTERIE VERTE

Résultats de la 746^e tranche

Le No 2840133

gagne le 1^{er} lot de Rs 10 millions

0073980	1196247	2306116	3745300
0123290	1255480	2314269	3761375
0270984	1321178	2423216	3790795
0605145	1581164	2441607	3840027
0609093	1615986	2529851	3943187
0640087	1658586	2576523	4067780
0738315	1693675	2781938	4119790
0823233	1701496	2956232	4178295
0826307	1833313	2977014	4244337
0860891	1873047	3220862	4278745
0864766	1894863	3299077	4347836
0922056	1942609	3476612	4377352
0944756	2058027	3498524	4527847
0967651	2127858	3602007	4629718
1078001	2200354	3651797	4711421
1141771	2220516	3684902	4815844

0315791	1141824	1895524	2470604	3922269
0401491	1230134	1938487	2761055	3947183
0715749	1314030	2327070	2785902	4133402
0876227	1681832	2438145	2810771	4149413
1045791	1720762	2444227	3064054	4590951

0254691	0761878	1766370	3579319	4365334
0395080	1046457	1846911	3999019	4737570
0450727	1471106	2146800	4186234	4746679
0479430	1640055	2182225	4189434	4750759
0676588	1756769	3222757	4239108	4855863

0202935	0980212	1614675	2659913	3116622
0312386	1154322	1806322	2825906	3614285
0408505	1426539	2020522	2857022	3802072
0799937	1536804	2385472	2959627	4244889
0907983	1589227	2547946	2976822	4276002

0075807	1044465	2284735	3472633	4130011
0454052	1892067	2666214	3696086	4323417
0736551	2181103	3418641	4027077	4756094

LUCKY NUMBER: 2516896, 3012431

Veuillez consulter les résultats officiels

Beware The Number Crunchers

• Cont. from page 1

While this is undoubtedly a very sound basis for reasoning and for mobilizing one's 'troops', it would be a mistake to conclude that victory is already acquired.

Basically the underlying statistical advantage can be either reinforced and sustained or be damaged by the interplay of a number of electoral variables including the profiles of the candidates being proposed, the appropriateness of the campaigns being promoted by the contesting parties as well as the ability to strike the right chord with the electorate.

Coming back to the mathematics of the electoral contests, there are two possible outcomes that can be envisaged, each with different implications for the campaign process. One is that the figures stack up and there will indeed be a 60-0 win by the Labour Party-MMM alliance, or even a 55-5 at the most, taking into account possible glitches.

The second view is about consideration being given to other sets of results which are more favourable to the Lepep alliance. In the latter case it would necessarily have more serious implications because it would mean that there are other dynamics at play that the contestants need to manage. For example, reconciling the process of campaigning for seeking power by one of the allies while the other, an incumbent, is trying to retain popular support among its traditional electoral supporters can prove to be a tricky proposition for the LP-MMM Alliance. They will obviously have to give more consideration to this issue as the campaign rolls out.

The opposition for their part are obviously confronted with a steep hill to climb.



“Coming back to the mathematics of the electoral contests, there are two possible outcomes that can be envisaged, each with different implications for the campaign process. One is that the figures stack up and there will indeed be a 60-0 win by the Labour Party-MMM alliance, or even a 55-5 at the most, taking into account possible glitches. The second view is about consideration being given to other sets of results which are more favourable to the Lepep alliance. In the latter case it would necessarily have more serious implications because it would mean that there are other dynamics at play that the contestants need to manage...”

Under the circumstances they are more likely to adopt a tactical approach aiming to limit the downside with the obvious hope of gathering at least the numbers, so as to be in a position to thwart the plans of the next government. As the challengers they would be expected to be more aggressive and on the offensive, trying to take advantage of the 'weak spots' inherent to any incumbent government.

Campaign Trails

In the light of a number of events over the past year, there has been a lot of talk about Mauritius being in a constant political campaign mode. While this may be true in the general parlance, it does not take away the fact that a political campaign is a more specific exercise which has its own characteristics and desiderata.

Alan Barnard and Chris Parker, who have been involved in many a campaign, define it as 'a planned sequence of communications that makes use of all appropriate channels to achieve defined outcomes by influencing the decision-makers who will allow success.'

For an electoral campaign the decision makers are obviously the voters and the success is measured by the number of elected members. The channels of communication include a variety of media including, ever more critically these days, the social media. But most importantly

the campaign is motivated by a CAUSE and is driven by communication, which incorporates a story, a structure and a sequence designed to create maximum influence. The right mix of emotional appeal and rational explanations remains an integral part of a successful campaign.

The most creative part of a campaign remains the incorporation of micro-information and feedback from daily occurrences into the core of the communication while not altering the central message. The greatest threat to this delicate exercise is what social psychologist Irving Janis has called 'groupthink.' Janis and others have noted that 'key decisions are often made in small groups, often of six to twelve people, in which there is a high degree of cohesion. This cohesion produces a psychological drive for consensus which tends to suppress dissent and the consideration of alternatives.' Operating under considerable stress, campaigners must constantly guard against a tendency to exaggerate favourable consequences, downplay unfavourable ones and deny uneasy feelings.

In the relatively short campaign for the next general elections it is being said that the number of undecided voters is particularly high. This is another way of stating that an effective and efficient campaign will be a critical factor in deciding the outcome of the forthcoming elections.

Rajiv Servansingh

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NOTICE

Unaudited Abridged Interim Financial Statements for the quarter ended September 30, 2014

Notice is hereby given that the *Unaudited Abridged Interim Financial Statements for the quarter ended September 30, 2014 for Sugar Investment Trust (SIT)* have been published and copies of the unaudited abridged financial statements are available free of charge, upon request made to the Company Secretary, at the registered office of the company, Ground Floor, NG Tower, Cybercity, Ebène or can be viewed on the Company's website www.sit.mu.

By Order of the Board

Geerendra Gocool, FCCA
SIT Corporate and Secretarial Services Ltd
Secretaries

Dated this 12th November 2014

This notice is given pursuant to Listing Rule 12.20 and the Securities Act 2005. The Board of Directors of SIT accepts full responsibility for the accuracy of the above notice.

NATIONAL TRANSPORT AUTHORITY

Notice is hereby given that the following applications have been received by the Authority and the Authority will shortly hear the said applications.

APPLICATION FOR PUBLIC 'A' CARRIER'S LICENCE

S.N.	REF. NO.	NAME OF APPLICANT	VEHICLE NUMBER & MAXIMUM GROSS WEIGHT	BASE OF OPERATION	GOODS TO BE CARRIED
484	NTA/PUB/A/LC/16371	CADER Fawez	NYP 7000Kg GV	Samputh Lane, Gross Billot, New Grove	General Goods
485	NTA/PUB/A/LC/16372	LUTCHMADOO Sonakshi	NYP 5695Kg GV	Royal Road L'Esperance Quartier Militaire	General Goods
486	NTA/PUB/A/LC/16373	BOODHOO Shah Nawaz	NYP 16000Kg GV	Magon Street, Port Louis	General Goods
487	NTA/PUB/A/LC/16374	FOOLEE Devendra	NYP 32000Kg GV	Royal Road, L'Avenir, St Pierre	General Goods
488	NTA/PUB/A/LC/16375	Bhooshan & Devendra Company Limited	4 Vehicles NYP 32000Kg GV	Royal Road, L'Avenir, St Pierre	General Goods
489	NTA/PUB/A/LC/16379	Jainesh Company Limited	NYP 32000Kg GV	St Pierre Royal Road, L'Avenir, St Pierre	General Goods
490	NTA/PUB/A/LC/16380	Enzo Concrete Ltd	NYP 24370Kg GV	BX No 17, MHC Residence, Roches Brunes	General Goods
491	NTA/PUB/A/LC/16381	LUTCHMAN Chandanee (Born Bulatoo)	CE1015 4140Kg GV	Pellegrin Road, Sebastopol	General Goods
492	NTA/PUB/A/LC/16382	MOSAFAEER Abdool Abass	CL681 4150Kg GV	N0 2, Avenue Naz, Belle Rose, Quatre Bornes	General Goods
493	NTA/PUB/A/LC/16383	MARIETTE Louis Pierrot	3970DC93 3550Kg GV	Pieton Pere Laval, Sainte Croix	General Goods
494	NTA/PUB/A/LC/16384	Snazali Services Ltd	NYP 13460Kg GV	La Potaire Street, Port Louis	General Goods
495	NTA/PUB/A/LC/16385	Sayid Jhungeer & Sons Ltd	2 Vehicles NYP Above 2500Kg GV	Teste de Boch St, Curepipe	General Goods
496	NTA/PUB/A/LC/16387	Cotton & Wool Waste Exports Ltd	2 Vehicles NYP 22580Kg GV	Marine Road, Quay D, Port Louis	General Goods + Containers
497	NTA/PUB/A/LC/16389	JETSING Rajkissoon	NYP 7790Kg GV	Royal Road, Riviere des Creoles	General Goods

APPLICATION FOR TRANSFER OF PUBLIC SERVICE VEHICLE (TAXI) LICENCE

S.N.	REF. NO.	NAME OF APPLICANT	VEHICLE NUMBER	BASE OF OPERATION
114	31083/C	From: Mohamud Nooranee RAMOLY To: Saikat Ally SYED HOSSEN	Taxi Car 420ZS03	Cnr Diego Garcia & Boulevard Hugon Streets

APPLICATION FOR TRANSFER OF BASE OF OPERATION OF PUBLIC SERVICE VEHICLE (TAXI) LICENCE

S.N.	REF. NO.	NAME OF APPLICANT	VEHICLE NUMBER	BASE OF OPERATION
115	44151/C	Ackbar Mashoud MUNGUR	Taxi Car K1173	From: Richelieu To: Impasse Gareebo, Vallée des Pretres

APPLICATION FOR PUBLIC SERVICE VEHICLE (CONTRACT CAR) LICENCES

S.N.	REF. NO.	NAME OF APPLICANT	VEHICLE NUMBER	BASE OF OPERATION
163	24875/D-2/D	Bibi Zaheeda KUREEMBOKUS (Born Bofaully)	3 Cars NYP	Kureembokus Street, Plaine Magnien
164	24876/D-2/D	Hirengo Car Rental Co Ltd	3 Cars NYP	Temple Road, Riviere du Rempart
165	24877/D-2/D	Hold The Gold Ltd	3 Cars NYP	Closel Road, Phoenix

APPLICATION FOR TRANSFER OF PUBLIC SERVICE VEHICLE (CONTRACT BUS) LICENCE

S.N.	REF. NO.	NAME OF APPLICANT	VEHICLE NUMBER	BASE OF OPERATION
61	30890/E	From: Louis Clarel Leung K. Sen Min-Kan To: Shreevin Tours Ltd	1373MR07 15-Seater	From: Ave de Plevitz, Plaisance, Rose Hill To: Temple Road, Quartier Militaire
62	29225/E	From: Bibi Mariam HOSSENY To: Bibi Nawsheen JAUFFUR	69JN08 14-Seater	From: Riverside, Phoenix To: Riverside, Phoenix

Any person legally entitled to do so may set out his objection/s or other representation/s together with his name and address and must give the reasons thereof in writing so that these may reach the **Secretary to the Board, National Transport Authority, MSI Building, Royal Road, Cassis, Port Louis** not later than on the **seventh day** of publication of this notice, in the Government Gazette. Any objection that reaches the Secretary to the Board after the prescribed time limit will not be entertained.

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Whom should I marry?

An alarming number of young girls are looking hard for that elusive perfect mate, even while surrounded by perfectly acceptable male friends

I see so many young female colleagues and acquaintances eager to marry but unable to find the right match. They move around in mixed groups, claim men as buddies and are willing to settle down and have babies. But when it comes to the crux, they reject one suitor after another, preferring the safety of numbers and the freedom of singlehood.

I see this essentially as a problem of too many options. With the freedom of choice comes responsibility, and it is this responsibility that doesn't sit well on the shoulders of the young. Decisions become so much tougher when you have choices. Two generations ago, a girl just grew up and was handed over in matrimony to a family and a man, in that order; she had no choice and had to adjust to her new home and people. From one home to another, not much changed for her; she played second fiddle to the men in both houses.

A generation later, the girl was educated, set on a defined career path, then introduced to a few boys selected carefully by her parents, and adeptly steered toward the smarter choice. More or less confined at home till that point with a strictly supervised upbringing, her exposure to men confined to father or brothers, she saw marriage as a ticket to freedom and self-determined choices.

But today, by the time the issue of marriage is raised, she has already been working for a number of years, is used to and appreciative of her independence, and counts several men as friends and colleagues. Financial stability and personal security are no longer her triggers for marriage. Nor is curiosity about the other sex, or romance and relationships. Armed with her independence, financial security and a good lifestyle, she becomes wary of losing it all to one bad decision.



A deep-seated fear has her dithering for so long that it gets too late. No wonder the average age of marrying for men and women landscape is rising as they wait too long.

I asked a young girl of my acquaintance why girls in her group didn't choose to marry one of the many male friends within the circle, when they all seemed to get along famously. Why were they busy looking for marital alliances elsewhere. She explained that it is difficult to switch to thinking romantically about a guy you have considered just a friend. Moreover, in some cases, the family backgrounds didn't match or religious considerations came in the way. Sometimes career paths diverged. "We could," she said, "but we are not that sure of each other in a marital sense. Sometimes, you wait for the guy to offer to make the switch, at other times the idea seems preposterous. So we just cruise along as we are, rather than risk losing a friend."

Another girl who has a steady friendship with one boy (not a relationship, she specifies) says the only thing that holds them back from taking the next step is his fear and commitment phobia.

So many complications, fears and considerations. These young girls seem to be looking for everything and trying to please everyone, most of all their own selves. You cannot have it all. Caught between traditional requirements of status and

background on one hand, and their own desire for romance and independence on the other, these girls seem to be having a tough time taking the final step. Often it is at this stage that parents, who have happily abdicated the marital decision to their children, receive an SOS and have to gear up to look for arranged matches - yet again.

Young girls need to be told that once due diligence is done, one has to just follow one's gut instinct and go for something with your eyes half shut. Yes, even for a marriage. In the end, all marriages pan out the same way, however they may have begun. Nothing but your own sense of commitment and determination keeps a marriage healthy.

And all parents need to do is armour children with a good education, sterling values and a confidence in their choices. And maybe just a little, final shove over the diving board as they dither.

"Young girls need to be told that once due diligence is done, one has to just follow one's gut instinct and go for something with your eyes half shut. Yes, even for a marriage. In the end, all marriages pan out the same way, however they may have begun. Nothing but your own sense of commitment and determination keeps a marriage healthy..."

Health

Laser, the new treatment for snoring?

Snoring is a problem, a major one, considering that over 30% of divorce cases worldwide has snoring as one of the causes. And that is the reason any new treatment that claims to cure or at least reduce this, becomes the talk of the town. One such latest non-invasive treatment for snoring, is touted to be laser.



The science behind the treatment: This treatment utilises a specialised non ablative laser (fractional erbium yag laser or Er:YAG) to heat up the targeted tissue thereby producing collagen and tissue tightening. The airway passage is thus widened and snoring is reduced. It does not cut through any tissue and there is no subsequent suturing or dressing involved," explains derma-

tologist Dr Abhijit Desai.

How it works: Treatment with the laser helps to strengthen the structures at the back of the throat eg; uvula, anterior tonsillar pillars and soft palate, says laser specialist Dr Gauri Desai. She adds, "This reduces the vibration of the structures while breathing during sleep. The result is reduction of snoring."

Can laser stop snoring com-

pletely? This treatment minimises snoring to a great extent, claim laser specialists. "It may also stop it completely in some people, depending upon the extent of snoring to begin with, and its causes," says Dr Gauri. However, Dr Kaushal Sheth, consultant ENT and robotic surgeon says, "Laser treatment is a type of surgical procedure for snoring, but may not be very effective always. It is painful due to the thermal heat damage to surrounding tissues. It may require frequent applications and the pain remains for a long period of time."

Time taken for treatment: This treatment consists of three sessions explains Dr Abhijit, adding, "There is a gap of two weeks between the first two sessions and a gap of one month between the second and third sessions. Each session lasts for about 20 minutes."

How soon can one see results? Results may be seen from the first day itself and are enhanced over the period of the entire treatment say Dr Gauri. However, this will depend

again on the causes and extent of snoring at the beginning.

Is it safe? Dr Kaushal says, "This procedure is relatively safer than conventional methods because it can be performed under local anaesthesia and the bleeding is negligible."

Surgery vs laser: Experts say that around 86% of the population is averse to the idea of curing snoring via surgery. Dr Abhijit says, "Any surgery involves anaesthesia and some amount of pain. There is also associated recovery period and downtime. Results are usually seen after the healing of the surgical incisions. Laser does not involve any anaesthesia as there is no pain. It is a short procedure and people can go back to their routine immediately."

Dr Kaushal adds, "Coblation surgeries for snoring treatment are much better technologically as well as safer with better outcomes than laser surgeries."

Life can be different

Kindness: The Language of Love

When I was a thirteen-year-old student attending James Monroe High School in the Bronx, New York City, I had an English teacher everyone called Mean Miss Williams. In her early fifties and unmarried, Miss Williams treated every student curtly and coldly. She didn't have any friends and my classmates disliked her.

At the time, I was in love. In love with life. And Miss Williams was part of the life I loved so much. So, every time I passed her on my way to class I would smile and say, Good morning (or afternoon), Miss Williams! Glaring, she would sternly scold me, You know perfectly well you are not allowed to speak in the corridor; now be quiet! I would just smile and say, Sorry, Miss Williams!

This went on every day: my warm greeting followed by her cold response. However, within a year, something remarkable occurred. Miss Williams had a change of attitude. Slowly, she became more pleasant to be around. She blossomed, as a flower does when exposed to the sun. Students stopped calling her mean. I was amazed by the change in Miss Williams. It was then that I discovered the power of kindness. It is a power we have to influence the world we inhabit.

The small acts of kindness we perform can create huge amounts of happiness in the lives of others. What a waste it would be to fail to use our power. There's no need to be stingy with dispensing kindness, for unlike money, you won't run out of it by giving it away. Just the opposite. The more you give away, the more you'll receive.



Random acts of kindness

Professor Chuck Wall of Bakersfield College, California got fed up with the negativity appearing in the media. Every day he heard, read, or watched news reports of random acts of violence. Tired of learning about school bullies, road rage, and senseless attacks, he wondered why the media didn't focus more on the positive. So, he

coined the phrase, Random Acts of Kindness and encouraged members of his community to report on the acts of kindness they witnessed.

The story was picked up by the wire service and caught the attention of Oprah Winfrey, who invited Chuck Wall to appear on her show. Oprah encouraged her more than eleven million viewers to engage in Random Acts of Kindness to stop the ugly spread of violence in our society. Because of her show, churches, schools, and other organizations formed kindness groups in thousands of communities across the U.S.

Whether working alone or in a group, we can also contribute to the kindness movement. Once we realize that the absence of kindness is cruelty, and that kindness is the oil that takes the friction out of life, it becomes clear how important it is. Don't be discouraged if the recipient of your kindness, like Mean Miss Williams, doesn't respond. The truth is, whether they show it or not, anyone who stands in the sun will feel the warmth and benefit. What acts of kindness should we perform? That's easy, we should do what we wish to receive from others.

Advice from John Wesley

*Do all the good you can
By all the means you can
In all the ways you can
In all the places you can
At all the times you can
To all the people you can
As long as ever you can!*

C. Gallozzi

Marriage Jokes

Love

A teacher asks a student: "What kind of woman would you like to be with when you're all grown up?"
"A woman like the moon!" answers the kid.
"That's beautiful," breathes the teacher, "what a choice! Because you'd like her to be beautiful and radiant like the moon?"
"No, I'd like her to appear at night and disappear come morning!"

Death

After Bob died, everyone gathered at his funeral. Then the minister started to speak: "He was a model husband, a decent man, a terrific father..."
The widow then makes a motion for her son to come to her.
"What is it mother?" he whispers.
"Dear, go check the casket, I think we're at the wrong funeral..."

Hope

Wife: "What are you doing?"
Husband: "Nothing."
Wife: "What do you mean nothing? You've been staring at our marriage certificate for over an hour!"
Husband: "Yea, I'm checking the expiration date."

Neighbours

"The new neighbours are so in love," remarks Susan to her husband, "he hugs her, kisses her and strokes her hair. Why don't you do that?"
"Because I don't know her that well."

Donations

Knock on the door.
"Hello sir, would you like to contribute something to the old folks home?"
"Yes, actually," beams the old man. Then said to his wife: "Inge, put your jacket on and pack a suitcase!"

Shopping

An elderly couple is walking in the city, hand in hand, when they pass a jewellery store.
The wife turns to her husband with a smile:
"Love, would you buy me a chain?"
"Why?" asks the husband, "Tired of being free?"

Qualities

A woman asks her husband: "What do you like about me the most? My beautiful face or my sexy body?"
The husband gives her a long, appreciating look.
"Your sense of humour."

My daughter or one million dollars

Once there was a millionaire, who collected live alligators. He kept them in the pool in back of his mansion. The millionaire also had a beautiful daughter who was single. One day he decides to throw a huge party, and during the party he announces, "My dear guests... I have a proposition to every man here. I will give one million dollars or my daughter to the man who can swim across this pool full of alligators and emerge alive!"

As soon as he finished his last word, there was the sound of a large splash! There was one guy in the pool swimming with all he could and screaming out of fear. The crowd cheered him on as he kept stroking as though he was running for his life. Finally, he made it to the other side with only a torn shirt and some minor injuries. The millionaire was impressed.

He said, "My boy that was incredible! Fantastic! I didn't think it could be done! Well I must keep my end of the bargain. Do you want my daughter or the one million dollars?"
The guy says, "Listen, I don't want your money, nor do I want your daughter! I want the person who pushed me in that water!"



INSPIRATION

Start Today

Each day offers us an opportunity to renew our resolve to the universe that we are ready for change.

Madisyn Taylor

One of the hardest things in life is feeling stuck in a situation that we don't like and want to change. We may have exhausted ourselves trying to figure out how to make change, and we may even have given up. However, each day offers us an opportunity to renew our resolve and to declare to the universe that we are ready for change.

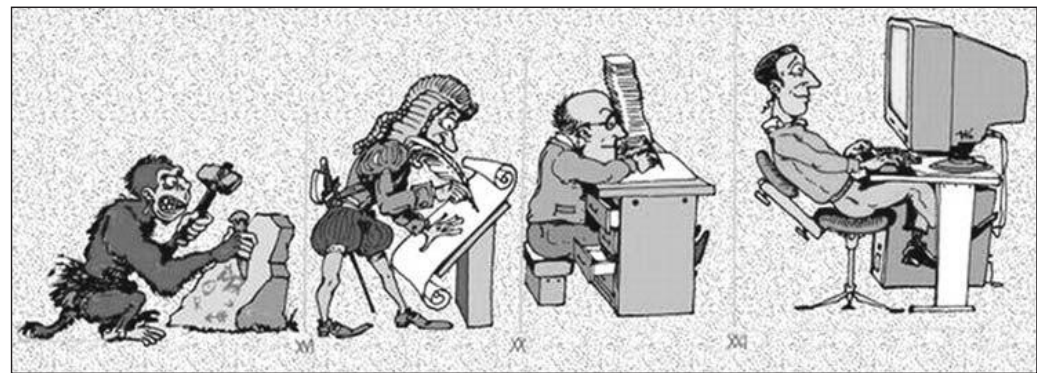
We may even say out loud that we have tried and struggled and have not found a way, but that we are open to help, and that we intend to keep working to create change for ourselves. Making this declaration to the universe, and to ourselves, may be just the remedy for the stagnation we are experiencing. And, it can be done today, right now.

It is difficult to understand, even with hindsight, how the choices we have made have added up to our current situation, but it is a good idea to examine the story we

tell ourselves. If we tend to regard ourselves as having failed, this will block our ability to allow ourselves to succeed. We have the power to change the story we tell ourselves by acknowledging that in the past, we did our best, and we exhibited many positive qualities, and had many fine moments on our path to the present moment. We can also recognize that we have learned from our experiences, and that this will help us with our current choices.

When we do this kind of work on how we view our past self, we make it possible for the future to be based on a positive self-assessment. This inner shift may allow us to get out of the cycle we've been in that's been keeping us stuck. Now we can declare our intentions to the universe, knowing that we have done the inner work necessary to allow our lives to change. Allow today to be the day to end cycles and enter into a new way of being.

DailyOM



Deepika Padukone completes 7 Glorious years, from *Om Shanti Om* to *Happy New Year*



Deepika made her Bollywood debut in Farah Khan's *Om Shanti Om* in 2007 and completes seven years in the industry in November this year with her most recent release, *Happy New Year*, also a Farah Khan film.

Deepika, a model from Bangalore and daughter of badminton legend Prakash Padukone, got her big Bollywood break opposite superstar Shah Rukh Khan in Farah Khan's 2007 release *Om Shanti Om*.

The actress was singled out for praise for her performance as Shantipriya/Sandhya (Sandy) in the movie and

also bagged the Filmfare Award for Best Female Debut.

In 2008, she played a girl-next-door in Siddharth Anand's *Bachna Ae Haseeno* opposite Ranbir Kapoor.

The following year, she was seen with SRK once again, but in a special appearance in the song *Love Mera Hit Hit* from *Billu*. Deepika sizzled onscreen, raising the glamour quotient exponentially.

Deepika proved her mettle as an actress in *Love Aaj Kal* opposite Saif Ali Khan in 2009, for which she was also nominated in the Filmfare Award for Best Actress category.

The next few years saw something of a career slump for Bollywood's golden girl, even though she co-starred with actors like Amitabh Bachchan in *Aarakshan*, Farhan Akhtar in *Karthik Calling Karthik* and Akshay Kumar in *Housefull*.

In a resurgence of sorts, Deepika won both critical acclaim and commercial success for playing Veronica Malaney in 2012 movie *Cocktail*.

Deepika ruled Bollywood in 2013, delivering four Rs One-billion films - *Race 2*, *Yeh Jawaani Hai Deewani*, *Chennai Express*, and *Goliyon Ki Raasleela Ram-Leela*. She also cleaned up at awards season, where she was often her own competition in the Best Actress category.

She played a sassy girl in *Race 2*. She also won hearts with her role of Naina Talwar, a nerd who falls in love with her charming classmate from school, in *Yeh Jawaani Hai Deewani*. The movie became the sixth highest grossing Bollywood film of all time in India and worldwide.



She also delivered blockbuster hits *Chennai Express* opposite Shah Rukh Khan and *Goliyon Ki Raasleela Ram-Leela* opposite Ranveer Singh.

This year, Deepika proved her versatility as an actress, playing Goan beauty Angie in black comedy *Finding Fanny*. She scorched the screen as Mohini Joshi in her recent release *Happy New Year*, directed by Farah Khan.

Deepika is currently shooting for *Piku* with Amitabh Bachchan.

Sanjay Dutt is like my elder brother: Aamir Khan

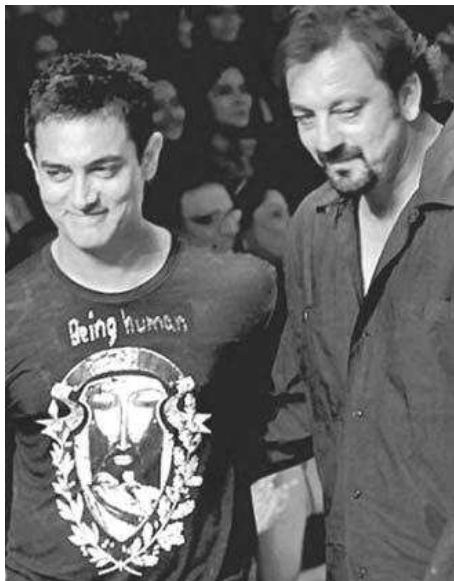
Sanjay Dutt, who will share screen-space with Aamir Khan for the first time in Rajkumar Hirani's PK made the *3 Idiots* star feel "secure and relaxed" on the sets of the movie.

Dutt, 55, will essay the role of Aamir's friend Bhairu Singh in the film. "I had an amazing time working with Sanju. I felt very secure and relaxed around him. He is like an elder brother and I really enjoyed the time we spent on the sets. I admire the warmth and love in him. It was a memorable experience working with him," Aamir said during the launch of the first song from PK titled *Tharki Chokro*.

The 49-year-old actor said that he and the whole team of PK are trying to organise a special screening for Dutt, who is currently housed inside the Yerwada Central Jail in Pune. "We want to have a screening for Sanjay... both me and Raju are trying to officially get permission from authorities. If they permit us then we will be very happy," he said.

PK is the second collaboration between Aamir and Hirani. The duo previously worked together in 2009 blockbuster *3 Idiots*.

When asked why he took up PK,



Aamir said, "The character was very intriguing. It was the most challenging role I have done in my 25-year-long career."

In the teasers of the film, Aamir speaks Bhojpuri and the actor says he had hired a coach to help him perfect the language. "I speak Bhojpuri throughout the film. It was a challenge for me. I had a coach named Shanti Bhushan, who phonetically taught me the language. I had rehearsed my lines for 2-3 months," Aamir said.

PK stars Anushka Sharma, Sushant Singh Rajput, Boman Irani, Saurabh Shukla among others. The film will hit theatres on December 19.

Tollywood

Vindhya Tiwari bags a 'supermodel' role in 'Chamak'

Vindhya Tiwari believes in taking up challenging roles that she has never done before. And this is one actress who is living up to her expectations, in every role that she picks up on TV.

Starting from her role of Jamuni in Zee TV's *Agle Janam Mohe Bitiya Hi Kijo*, *Maryaada Lekin Kab Tak*, *Mrs Kaushik ki Paanch Bahuein*, *Mrs Pammi Pyarelal* to her ongoing role of the terrorist Prema in *Diya Aur Baati Hum*, Vindhya has lived up to the challenges.

Now, Vindhya has grabbed yet another scintillating role, this time of a super model for Life OK's upcoming big-ticket show *Chamak*. The show will be loosely based on the Priyanka Chopra starrer movie *Fashion*.

A reliable source informs us, "Vindhya will play a Bong character in the show. She will be a small town girl who would have her own journey towards success, and will get to become a super model. Vindhya's character will be one of the pillars of the show."

When contacted, Vindhya confirmed the news stating, "I am excited to work with Life OK as I have never been a part of the channel. However, I cannot disclose anything on my character in *Chamak*. You will have to wait for the right time."

After her stint with DJ's in *Maryada*, Vindhya was supposed to be part of *Meri Bhabhi*. But it did not materialize as the show saw a change in storyline and characters.



Shelfali Sharma says life is same after marriage

Actress Shelfali Sharma's new TV show *Tum Aise Hi Rehna* revolves around how men tend to change after marriage. But contrary to the show's track, Shelfali says her husband is "still the same".

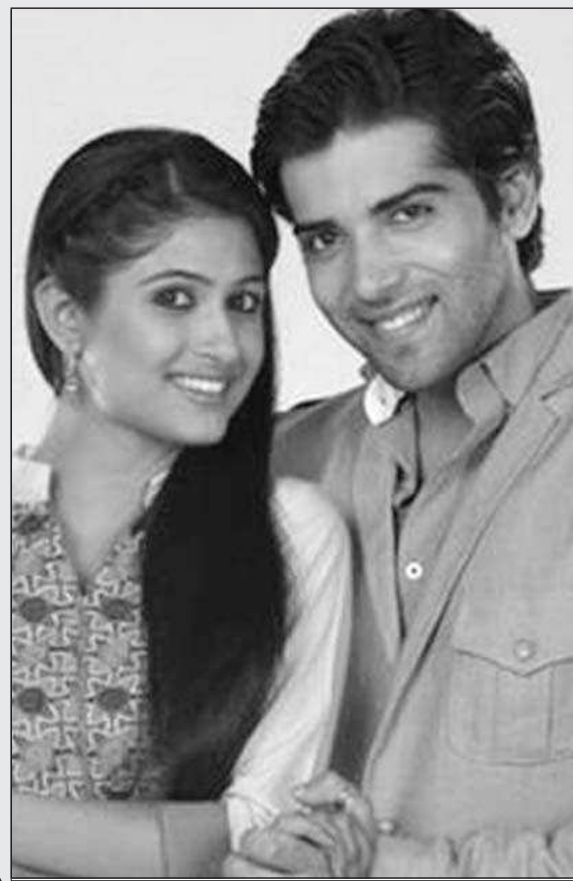
The actress got married to Varun Sethi, creative supervisor of her debut show *Bani - Ishq Da Kalma* in September.

"He has not changed. But I think it is quite early for me to answer that question. I would only be able to talk about it better after one year," says Shelfali.

Shelfali asserts that only one aspect of her life has changed after marriage, and that is she is having more fun now.

"Everyone keeps asking me that how has my life changed after marriage. I come from a joint family and when I shifted to Mumbai for *Bani*... I felt very lonely. After my wedding, I have got my family back and it's so much fun," said the actress.

Coming from theatre background, Shelfali opts for roles which "can relate to people and are realistic" in nature.



Ileana D'Cruz doesn't want to make a fool of herself in Bollywood

"I have to be careful about the films that I choose because I don't want to make a fool of myself," says Ileana. She's a star in the southern film industry, and she's earned her share of appreciation in Bollywood courtesy *Barfi!*. Now Ileana D'Cruz says she has become particular about the movies she picks.

"I'm very choosy. I think that after doing 16 films down South, one tends to get a bit choosy because you realise that you just need to slow down, take a step back, and decide calmly. I have to be careful about the films that I choose because I don't want to make a fool of myself," says Ileana.

So how does she select a project?

"I don't want to do a film that I am irritated about later on. I want to do a film which I wholeheartedly enjoy. Like *Main Tera Hero* was amazing. I started working from the age of 18 and I am 28 now, it's been a very long time, so I want to take it easy and give something special each time," she adds.

Currently, the actress is busy promoting her new movie *Happy Ending*, directed by Raj Nidimoru and Krishna DK. Releasing on November 21, the film also features Saif Ali Khan, Govinda, Kalki Koechlin and Ranvir Shorey.



Arjun Kapoor turns modern 'angry young man' in *Tevar*

The trailer of *Tevar* is packed with intense drama, action and romance

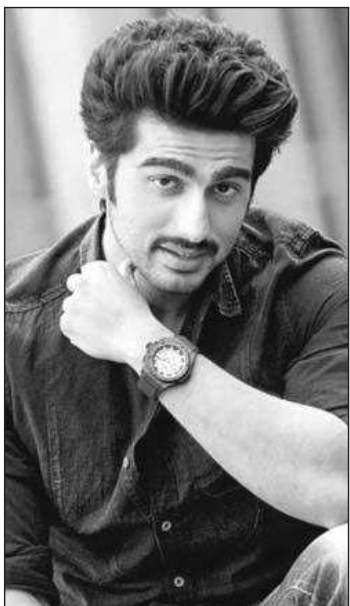
Actor Arjun Kapoor looks rugged while performing power-packed action sequences in the trailer of Amit Sharma's *Tevar*.

Arjun looks like a modern 'angry young man' who doesn't tolerate injustice and ill-treatment of women. He saves actress Sonakshi Sinha from Manoj Bajpai, who plays the antagonist in the movie.

Arjun adds a dash of humour with his one-liners like 'Kabbadi Kabbadi Kabbadi, kiski modun gurdun, kiski todun haddi?'

The trailer depicts a crackling chemistry between Sonakshi and Arjun.

Tevar is slated to release on January 9.



Friday 14 November

A family from Meerut comes to the Kashyap's residence with a wedding proposal for Suhana. Alok pushes them away when they refuse to accept that Suhana is married to Ishaan. Disha informs Suhana about the wedding proposal and advises her to be careful on the sets. Suhana is hounded by the family from Meerut at the studio. Sanjana gets upset when Shanti Dadi enquires about Deepak's past. Suhana disapproves of Gauri's demeaning role in the serial and refuses to act.

Monday 17 Nov

Ilesh persuades Suhana to act for the sake of the other employees involved in the serial production. Deepak's father watches Sanjana and Deepak from far. Sanjana sees him and tells Deepak but he does not take it seriously. Bajpai invites the Kashyap family to celebrate Holi. The theme of the party is Sholay. The Kashyap family fights over who gets to portray the various characters in the film. Deepak's father follows him till he reaches the Kashyap's residence.

Tuesday 18 Nov

Deepak warns his father to stay away from his family. Ilesh tells Shailaja and Ishaan that Suhana will be sued for walking out of the sets and for refusing to follow the serial's script. Shailaja advises Suhana to talk to the producers about changing the submissive role of Gauri instead of refusing to act. Radha tells Deepak that the past

TV serial

Sasural Genda Phool

does not scare her anymore as Bajpai has accepted the wedding proposal even after knowing the truth. Disha refuses to attend the Holi party.

Wednesday 19 Nov

The Kashyap and Bajpai family members celebrate Holi together. Bajpai dresses up as Takur Sahib made famous by the movie *Sholay* for his Holi party. Ambarnath dresses up like Gabbar Singh, and Inder and Ilesh as his cohorts. Deepak dresses up as Jai and Ishaan as Veer, while Suhana dresses up as Basanti and entertains everyone with a dance sequence. Deepak's father follows Radha and Deepak at the party. Gayatri gifts a gold chain to Shailaja for being a selfless daughter-in-law.

Thursday 20 Nov

Gayatri laments to Shailaja that Ambarnath had consumed bhang at the party. Radha avoids Deepak's father when he accosts her at the party. Ilesh calls the press to interview Suhana on Holi festival for publicity of the telly serial. Disha berates him for ruining their privacy for Suhana's publicity. Rano expresses her disapproval of Suhana's acting job in the presence of Bajpai.

your stars

SAGITTARIUS: NOV 22 - DEC 21

You shall tend to drift off into moods of deep introspection the coming week, predicts Ganesha. You shall reflect on your past, and if you happen to identify any mistakes that you may have committed, this is the best chance to rectify them. You shall have to work a little harder to clear misunderstandings at the workplace or to clear doubts at home. This week you shall probably lag behind in your personal or professional targets. Romance is in the air, hence Ganesha advises you not to miss any opportunity to be more friendly with your beloved.

Lucky Numbers: 4, 9, 12, 20, 26, 31

CAPRICORN: DEC 22 - JAN 19

Have you ever thought of arranging a reunion of your classmates or college buddies? If not, Ganesha says this is the right time to take the initiative and arrange it. However online conferencing, if you are thinking of it as an alternative, does not really work the same way. It is difficult to feel the warmth of nostalgia in the cold world of virtual reality. The coming week is good to arrange business meets, seminars as well as functions. You shall plant many ideas, but wait patiently for them to come to fruition. New projects are beckoning, hence you should brace yourself up for some really hard work.

Lucky Numbers: 2, 7, 18, 23, 29, 37

AQUARIUS: JAN 20 - FEB 18

Ganesha feels that this coming week you shall focus on your personal and professional fronts, but somehow the former shall overshadow the latter. You shall have many social activities lined up, but you are going to miss half of them for sure, for lack of time. Ganesha feels that you shall be in demand and you cannot afford to ignore professional calls. You shall be loaded with responsibilities and you shall try your best to handle them all. You are likely to slog hard and not depend on anyone as you wish to shape your destiny yourself.

Lucky Numbers: 1, 4, 7, 18, 22, 30

PISCES: FEB 19 - MAR 20

Ganesha advises you to maintain a positive mood this coming week, and not to miss the social and professional opportunities that are sure to come your way. This week, joy and work shall go hand in hand. Work shall keep you busy in the daytime, and socialising in the evenings shall give you joy. You shall be glad to socialise, but Ganesha advises you to do your work with the same amount of enthusiasm. You shall plan your routine judiciously, which shall contribute heavily to your efficiency and productivity. Ganesha feels that during this week you shall be guided by your emotions more than your intellect.

Lucky Numbers: 3, 14, 22, 25, 27, 33

ARIES: MAR 21 - APR 19

This coming week has the potential to propel you to new heights on your career front, even though all stars are not in your favour. Sometimes even a little bit of luck from the cosmos or, on the material level even the support of one single well-wisher is enough to help you wade through seemingly impossible difficulties. At the subliminal level, there may be a fear of falling from grace or losing face - but Ganesha says sometimes it is your very fears that push you to perform beyond limits. In short, you need to maintain an optimistic outlook throughout the week.

Lucky Numbers: 7, 10, 12, 17, 20, 29

TAURUS: APR 20 - MAY 20

It is a sign of your lack of self-confidence, that you shall this coming week not only depend on others to complete your tasks, but shall be excessively concerned with what they think of you. In other words Ganesha says, you may be preoccupied with your personal image. However, your public relations skills are likely to improve a lot. In fact, to maintain cordial relations with others you shall not have to try too hard, as it shall automatically happen.

Lucky Numbers: 4, 6, 13, 19, 23, 31

GEMINI: MAY 21 - JUNE 20

Ganesha foretells that this coming week shall be crammed with activity. You may have to work hard round the clock, without much scope for relaxation. This is very likely to cause physical as well as mental fatigue. However, the results of your hard work shall be very encouraging too. This is really a good time for students to attend competitive exams, says Ganesha.

Lucky Numbers: 11, 13, 15, 22, 28, 40

CANCER: JUNE 21 - JULY 22

You shall be very sentimental at the beginning of this coming week. You could flare up at trivial things and you may also find it very difficult to control your impulsive reactions. However, as the week progresses you shall get back to your normal cool composure. A financial boost is envisaged - lucky you! Ganesha however feels that expenses are foreseen in the areas of education and entertainment. You shall have to face some stressful situations on the marital front. However, if you are unmarried and in love, you might find yourself serenading your lover.

Lucky Numbers: 3, 9, 14, 18, 27, 32

LEO: JULY 23 - AUG 22

Both professional and domestic matters shall keep you preoccupied this coming week, predicts Ganesha. Luckily, it looks like things shall be pretty smooth on both fronts. While you don't like to indulge too much in counselling at home or office, you may feel like edifying the people around you with your words of wisdom. Your intention would be to see to it that things don't go off on a tangent on either front. This is a very good time to think about studying further. This week is going to take you closer to some of your aspirations, and also closer to your beloved one or life partner.

Lucky Numbers: 7, 8, 11, 16, 22, 30

VIRGO: AUG 23 - SEPT 22

Connections in your outer circle shall become more important and you shall not be focussing on your home or near and dear ones, but on helping others. Your approach towards everything and everyone shall be humanitarian, and you shall be more bothered about the well-being of others. In fact, Ganesha advises you to focus more on helping those people who have helped you in the past. Moreover, the circumstances are conducive for business and related matters.

Lucky Numbers: 2, 5, 10, 19, 25, 37

LIBRA: SEPT 23 - OCT 22

You shall be busy with many activities related to family, finances, business and related matters. You may take longer than required to settle things, but things will start normalising after Thursday. The week is very favourable for commercial activities. If you are talented enough to earn money through more than one source, the planetary positions can help you to mint money. Romantic life shall not be very active, but you may experience some fleeting moments of pleasure with a member of the opposite sex.

Lucky Numbers: 10, 12, 13, 24, 29, 35

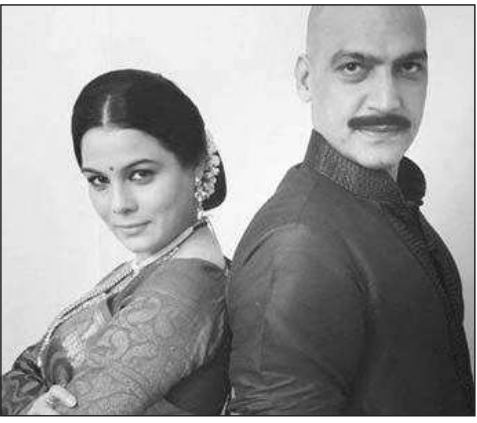
SCORPION: 23 OCT - 21 NOV

With the transit of four planets through your Sign, suggesting a chain of circumstances, the coming week shall demand flexibility, foretells Ganesha. Everything around you shall be progressing smoothly, but some petty things may prick you. You shall realise that the world doesn't function as per our wishes. You shall be able to achieve satisfactory social and professional success. Ganesha advises you to look at the partly filled glass as half-full, instead of as half-empty.

Lucky Numbers: 6, 12, 21, 28, 33, 36

MBC TV SERIALS

Iss Pyar Ko Naam Doon... Ek Baar Phir



Friday 14 Nov : Anjali gets furious with Astha and asks her to prepare the food again. Avadhoot informs Kalindi about the enquiry. Avadhoot refuses to seek Niranjani's help for the enquiry. Abhay and his mother discuss about their plan against the Agnihotri family. Niranjani praises the food prepared by Astha. He also enquires from Astha the reason for her disturbed behaviour. Shlok threatens Astha against revealing anything about their relationship to Avadhoot. The Kiroloskar family becomes happy on seeing Astha.

Monday 17 Nov: Shlok hands over gifts to the members of the Kiroloskar family. He pretends to care for Astha in front of them. Kalindi informs Astha that Avadhoot has been accused of taking a bribe. Astha becomes furious with Shlok for conspiring against Avadhoot. She requests Shlok to help Avadhoot in proving his innocence.

Shlok informs Astha that he will help Avadhoot if she agrees to all his conditions. **Tuesday 18 Nov:** Astha apologises to Anjali for returning home late. Later, Anjali forbids Astha from henceforth visiting the Kiroloskar house. Avadhoot becomes frightened after having a nightmare and informs Kalindi about the same. Astha again requests Shlok to help Avadhoot in proving his innocence. Anjali asks Astha to fast for Shlok.

Wednesday 20 Nov : Kalindi and Astha's grandmother discuss about Anjali's rude behaviour towards her. Avadhoot informs the family members about his suspension order. Astha becomes furious with Shlok for his misdeeds. Abhay informs Niranjani and Anjali that he has mortgaged Jyoti's gold ornaments. Anjali, Sojal, Astha and Jyoti perform "Pati Pujan". Anjali forces Astha to wash Shlok's feet and drink that water, but she refuses. Kalindi informs Astha that Avadhoot has been suspended.

Thursday 21 Nov: Vinayak and Bharat support Astha's decision. Anjali asks Astha to follow the ritual, but she refuses. She becomes furious with Astha. Later, Anjali becomes enraged with Vinayak for supporting Astha. She apologises to Abhay for the mishap. Niranjani tries to persuade Astha to follow the tradition of the Agnihotri family. Shlok becomes furious with Astha and asks her to leave the house. He informs Astha that he has evidence against Avadhoot and informs the same to Inspector Shinde.

Ek hazaaron Mein Meri Behna Hai

Friday 14 Nov : The Vadhera family, unaware of the truth about the food ordered from a restaurant, appreciates Maya's cooking. Swamini informs Maya about her meeting with Dadaji and announces Maya's engagement with Virat. Viren learns about Maya ordering food from the restaurant when he comes across the restaurant bill. Maanvi asks Beeji to hide about her cancer from Jeevika.

Monday 17 Nov: Beeji insists that all the family members should behave normal with Maanvi. The latter comes and asks Beeji about the discussion she is having with the family members. Virat praises Maya in front of Viren while Maya behaves rudely with Shlok and a servant. After a lot of efforts, Viren brings Shlok away from the kitchen and spends some romantic time with Jeevika. So does Maya with Virat, who however dreams of Maanvi standing in front him.

Tuesday 18 Nov: Dadaji asks Virat about the things he likes most in Maya. Viren answers for Virat as the latter seems confused. A picture of Maanvi comes in Dadaji's mind when Viren explains the traits of Maya.

Dadaji is unable to take any decision regarding Virat's and Maya's wedding. Maya feels offended when Virat compares her with Maanvi. Virat defends Maanvi when Maya criticizes her way of living. Further, Maya fumes at Virat as he inadvertently calls her by the name of Maanvi.

Wednesday 19 Nov : Maanvi gets exhausted while playing and feels dizzy. She quarrels with a vendor when Dabbu tells her that there were cockroaches in the vendor's jars. Virat informs Maanvi about Maya. While combing, Maanvi gets astonished with her hair loss and gets upset as it is a symptom of cancer. Jeevika gets tensed when Vanshika tells her that she does not approve of Maya. Pinky asks Madan to sell her bangles for Maanvi's treatment. Pinky lies to Maanvi when she questions her about the bangles.

Thursday 20 Nov: Virat apologises to Maya and takes her for breakfast. Maanvi goes to look for Dabbu to discover what the family members are hiding from her. Madan and Beeji send Dabbu to the market so that Maanvi cannot reach him. Viren is adamant to prove that Maya is not the right girl for Virat. Maya confesses that she had ordered the food from the restaurant as Viren keeps on talking about her cooking.

Saat Phere

Saturday 15 Nov: Pia is taken aback when he comes to know that Urvashi is now Brijesh's wife. Tara then explains the circumstances in which the marriage took place. Pia is very furious and says that she finds it hard to believe that her brothers are not on talking terms. Pia makes it clear that she is returning to her hostel. Pia goes to her room and starts packing her bags. Bhabho chides Nahar and Brijesh and accuses both of them of being ruthless as they are being harsh on Pia. Brijesh realises his mistake and walks towards Nahar and shakes hand with him. Everyone is happy and Pia is also impressed. Later, Urvashi thanks someone on the phone for delivering the pregnancy report at the right time. She also assures the person that he will get his money on time. Later, after dinner, Nahar thanks Brijesh for the reconciliation. However, he is taken aback while everyone else is shocked when Brijesh asserts that he is just pretending to be nice in front of Pia.

Brijesh makes it clear that he has not forgiven him yet!

Bhabho is shocked with Brijesh's statement and tells him he is being very mean. However, Brijesh makes it clear that he is least interested in reviving his ties with Nahar. The latter is very upset with Brijesh's behaviour. However, Saloni assures him that everything will be alright soon. The following day, Pia tells Nahar and Brijesh to cook food for them. She forcibly takes them to the kitchen and asks them to prepare the meal. Nahar and Brijesh oblige to Pia's demand and start cooking. To everyone's surprise, Nahar and Brijesh make a delicious meal. Bhabho, Saloni and Aditi are very happy to see Nahar and Brijesh sharing happy moments together. Later, Saloni thanks Pia for helping her in reuniting the brothers. Saloni tells Pia that she had called her because she knew that she could bring the brothers together. Urvashi slyly overhears their conversation, but before she can leave, she stumbles over a flower vase. Saloni and Pia are shocked when they realise that someone has been overhearing them.

Tuesday 18 Nov: Meera asks Mrs Mittal to hand back her jewellery to her, but she refuses. This leads to a verbal war between the two, with Mrs Mittal threatening Meera that she will expose her. Both Meera and Mrs Mittal are surprised when Ganga enters the room suddenly. However, Meera manages to cook up a story and saves the day. Later, Jai overhears Rano telling Pronita that Bani had wished to hold Ganga's marriage in their house at Mt Abu. Jai decides to honour Bani's wish and changes the venue of the marriage to Mt Abu. Meera gets shocked when she comes to learn of this as fears from her past begin to resurface in her mind.



Wednesday 19 Nov: Rishi tells Pratyush that his cheque has bounced. Meera

chides Pratyush for goofing up her plan. Rishi overhears them. He tells Ganga about Pratyush's and Meera's plan. But Ganga takes it lightly. Rishi tells Pronita that he wishes to help Ganga. When Rishi asks Pronita about her plan, she introduces him to Shonali who performs an item number.

Thursday 20 Nov: Pronita introduces Shonali as her cousin. The Mittals get impressed with Shonali. Pronita sends Pratyush to Shonali under some pretext. Jai testifies that Pratyush is telling the truth. Jigyasa feels glad that their plan is nearing success. Bani tells her that she is waiting for the moment to avenge Meera. Jai shares his memories with Ganga. Pronita decides that Ganga's and Pratyush's marriage shall take place.

KASAMH SE



MBC 1	MBC 2	MBC 3	Cine 12	Digital 4
00.00 TV5 Monde 06.59 Other: L'Hymne National 09.00 Live : Aaj Ki Kabrein 10.00 Live: Flash News - Kreeol 10.10 Live: Kool FM a l'ecoute 11.00 Live: Flash News 11.10 Live: Etre Femme 12.00 Live - Informations 12.30 Voyage Dans Le Potage 13.00 Live Samachar 14.00 Live: Journal Kreeol 15.00 Live: Samachar 15.20 Des Chiffres et des Lettres 16.05 Sports Mag 18.00 Samachar 18.30 Jai Maa Durga 19.00 Gulmohar Ki Chaoun Mein 19.30 Journal 20.34 Eco TV 20.40 Priorite Sante 21.04 Prod Indepn: Super Chef 21.50 NCIS - Los Angeles	00.00 DDI Live 04.30 Aastha TV 05.00 DDI Live 12.30 Film: Sasu Numbri Javai Dus Numbri 15.00 DDI Magazine 15.25 Serial: Asambhav 15.46 Pellinati Pramanalu 16.07 Serial: Kalyana Parisu 16.31 Nikhar Gaey Gulab 16.52 Pavitra Rishta 17.32 DDI Magazine 18.00 Serial: Happy Noodle 18.30 Un Palace Pour Deux 18.55 Crazy TV Season 2 19.00 Journal Kreeol 19.35 Kisi Ko Maan Liya Apna 20.10 MBC Star 2014 - Ghazal 20.55 Local Prod - Urdu Prog Mehfil-E-Naat No 210 23.30 Live: DDI Live	00.20/ 04.20/ 08.20/ 12.20/ 16.20 2 Kousinn Sek 00.36/ 04.36/ 08.36/ 12.36/ 16.36 Close-up 01.17/ 05.17/ 09.17/ 13.17/ 17.20 Chatter Box 02.09/ 06.09/ 10.09/ 14.09/ 18.12 Zil O Vibes 02.35/ 06.35/ 10.35/ 14.35/ 18.38 Cause Commune 03.27/ 07.27/ 11.27/ 15.27/ 19.27 Bravo Chef 03.34/ 07.34/ 11.05/ 15.02 Animals and Wildlife 03.54/ 07.54/ 11.54/ 15.54/ Days The World Changed 17.02 Eco TV 20.35 MBC Prod 21.01 Lot Cote La Glass 21.29 In Search of The Self 22.01 Memwar Nu Zanset 22.25 Saturday Beats	01.10 Film: Day Of Vengeance 02.48 Serial: Sons Of Anarchy 04.25 Serial: The Mentalist 05.10 Film: Racing Ace 06.40 Serial: CSI Miami S9 07.35 Telenovela: Daniella 08.25 Serial: The Mentalist 09.10 Film: Racing Ace 10.40 Serial: CSI Miami S9 11.38 Telenovela: Daniella 12.25 Un Palace Pour Deux 13.00 Sacrifice De Femme 14.00 Film: Racing Ace 16.25 Serial: The Mentalist 17.10 Film: Racing Ace 18.40 Serial: CSI Miami S9 20.25 Serial: The Mentalist 21.10 Film: On N'acheve Pas Les Souvenirs 22.40 Serial: Sons Of Anarchy 23.27 Music Beat Box	08.00 Hitler Didi 08.21 Devon Ke Dev Mahadev 08.43 Yahan Main Ghar Ghar... 09.05 Chaand Chhupa Babel... 09.30 Film: Hum Dono 12.15 Sasural Genda Phool 12.30 Iss Pyar Ko Kya Naam doon (2) 12.52 Ek Hazaron Mein Meri... 13.13 Ghar Ek Sapna 13.53 Geet Hui Sabse Parayi 14.15 Rishton Ke Bhanwar... 14.57 Mrs Kaushik Ki Paanch... 15.39 Hitler Didi 16.00 Devon Ke Dev Mahadev 16.25 Yahan Main Ghar Ghar 16.44 Chaand Chhupa Bada... 17.06 Film: Hum Dono 20.10 Sasural Genda Phool 20.31 Iss Pyar Ko Kya... (2) 20.53 Ek Hazaron Mein Meri...
00.00 Live - TV 5 Monde 06.59 L'Hymne National 07.00 MBC Morning Show 09.00 Live: Aaj Ki Kabrein 10.00 Live: Flash News 10.10 Live: A Vous De Juger 11.10 Live: Flash News 12.00 Live Informations 12.30 Voyage Dans Le Potage 13.00 Live : Flash Samachar 14.00 Live : Journal Kreeol 15.00 Live : Samachar 16.00 News 16.05 Sports Mag 17.00 Live: News 17.55 Info En Langue Des Signes 18.00 Samachar 18.25 Serial: India's Dancing... 19.30 Informations / météo 20.34 Lottotech - No 263 20.36 Les Enfants D'abord 20.41 Saturday Beats 21.07 Serial: Grimm	00.00 DDI Live 04.30 Aastha 07.00 Film: Phir Kab Milogi Stars: Mala Sinha, Biswajeet, Deven Verma Sapna 09.20 Live: DDI Live 11.00 Filler: Gujarati Film Songs 11.26 Bollywood Hits 11.52 Serial: Chants De Palais... 12.21 Eka Lagachi Doosri Goshit 12.43 Serial: Kanyadanam 13.04 Satyam Shivam Sundaram 13.24 Serial: Mythili 13.39 Serial: Shambhagam 14.05 Aap Ki Farnaish 15.00 Film: Sabse Bada Mawali 18.00 La Tradition Fait Recette 19.00 Journal Kreeol 19.30 DDI Magazine 20.10 MBC Star 2014 - Bhojpuri 20.30 Serial: Zanjeer 23.44 Live: DDI Live	00.20/ 04.20/ 08.20/ 12.40/ 16.52/ 20.25 2 Kousinn Sek 00.37/ 04.37/ 08.37/ 13.15/ 13.50 Metissages 00.57/ 04.57/ 08.57/ 14.25/ Lot Cote La Glass 01.23/ 05.23/ 09.23/ In Search Of The Self 01.36/ 05.36/ 09.36/ 15.00/ Keep Fit 01.57/ 05.57/ 09.57/ 15.35/ 16.10 Memwar Nu Zanset 02.19/ 06.20/ 10.20/ Saturday Beats 02.45/ 06.46/ Hotel de Luxe 03.38/ 07.38/ Treasures Of The World 12.25/ 13.00/ 13.35/ 14.10/ 14.45/ 15.20/ 15.55/ 16.30/ Champ De Mars 20.48 Local Prod: Pu Twa Sa 21.14 Local Prod: Fee Main 21.27 Doc: Tineris 22.10 Chatter Box 23.02 Ecriture Mauricienne 23.41 Destination Monde	00.25 Serial: The Mentalist 01.10 Film: On N'acheve Pas Les Souvenirs 02.40 Serial: Sons Of Anarchy 03.35 Telenovela Daniella 04.25 Serial: The Mentalist 05.10 Film: On N'acheve Pas Les Souvenirs 06.40 Serial: The Cape 08.25 Serial: The Mentalist 09.10 Film: On N'acheve Pas Les Souvenirs 10.40 Serial: The Cape 12.00 Serial: US Marshals 12.41 Celebrity Style Stories 13.02 Sacrifice De Femme 15.30 Film: Mytho Man 17.20 Serial: Caprica S1 19.54 Mag: Cinema Nouveau 20.25 Serial: The Mentalist 21.10 Film: Heartbreakers 23.06 Film: Le Pantin	08.00 Chaand Chhupa Badal... 10.00 Hitler Didi 12.00 Sasural Genda Phool 14.00 Ek Hazaron Mein Meri... 16.00 Jhasi Ki Rani 17.30 Film: Prem Deewane  20.11 Chaand Chhupa Badal... 22.00 Mrs Kaushik Ki paach 00.00 Sasural Genda Phool 02.00 Ek Hazaron Mein Meri... 04.00 Jhasi Ki Rani 05.30 Film: Prem Deewane 20.10 Chaand Chhupa Badal... 22.00 Mrs Kaushik Ki Paanch...
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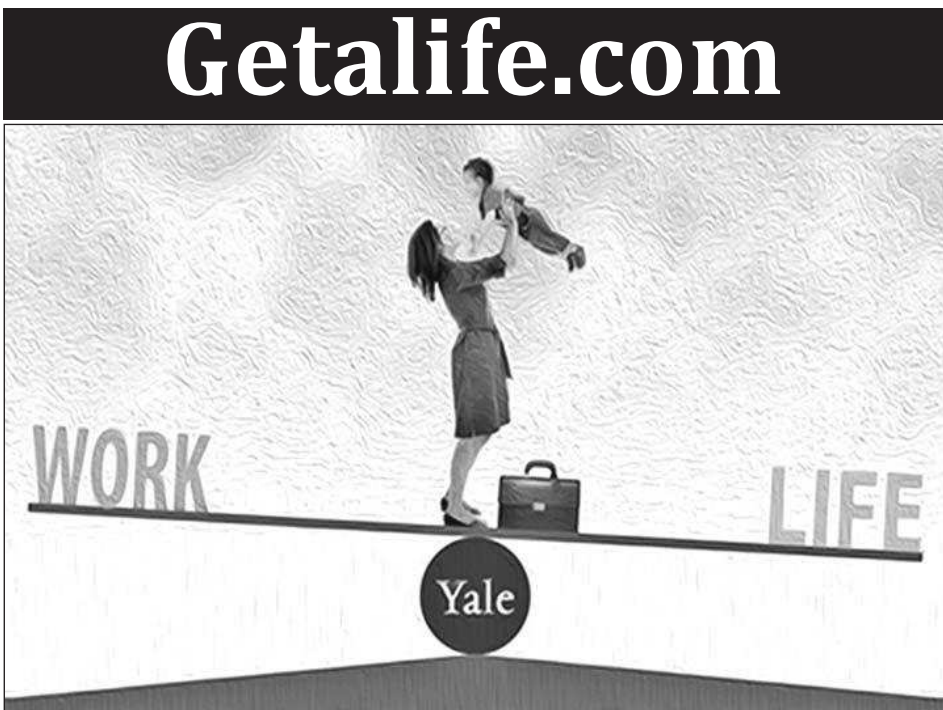
Carnet Hebdo

NITA CHICOOREE-MERCIER

Press reports on criminal cases occurring within the family circle point to a major worrying aspect in interactions among relatives, neighbours or at a wider social level. What repeatedly comes up in the stories from the culprits' point of view is their anger and loss of self-control during the short time that preceded their deadly acts. In a recent case, one young man granted himself quite a long time of total black-out of his senses, so overwhelmed was he by the fury and rage which led him to stab his father nearly thirty times. So this is precisely what the issue is about: anger and loss of self-control. The few press reports on extreme cases are quite representative of the lack of maturity in the management of conflict and anger that one can observe around, unless one lives in an ivory tower and mixes with cool-headed people only.

What is surprising is that the crime rate and level of violence are not higher given the pressure-cooker reality of so many folks simmering under an apparently calm exterior. We are here talking of a pressure-cooker that can blow up its lid any time the weight of adrenalin and high blood pressure becomes unbearable for the poor soul who has been given brains to think and a heart to feel. Come on, breathe, relax and take it easy! you tell people around. Do yoga or something else, for God's sake! After witnessing such scenes of madness, you feel like trying your hand at an impressionist painting of the poor creature who gesticulates under the spell of the devil. Take a brush and two colours: red and black. Sketch out an outline of a body burning with the flames of anger, an empty head without brains, and a heart filled with darkness. Name it 'Suspension of Reason' or 'Self-Destruction'. A poor soul overpowered by destructive forces. For this is what it is all about, indeed!

What can you do about it? Talking sense, reasoning and advising is totally useless for the hapless soul is not in a position to listen; he or she has closed the windows that let fresh air in, while stale air is consuming the rot inside. You feel like calling the favourite Swami Shri Avdhoot Baba Shivanandji, Father of Healing, and showing his talks on hundreds of TV screens in homes and every nook and cranny of villages. And listen to his words of wisdom on: *apni shahir ki andhar, apni ghar ki andhar*, on the importance of *sad-hana*, the road to perfection, on positive



“The sole pursuit of material gains to satisfy basic needs such as food, clothes and housing dries up the heart and causes damage to sensitivity, compassion, and healthy interaction with others. Apart from work, work, work..., what opportunities are given to people for self-improvement? A glaring truth is that the living conditions are such that no time is available for other exchanges and activities that help to improve minds, foster healthy relationships and make life more comfortable and pleasant. We have the impression that many people just never relax...”

thoughts and beliefs which illuminate chakras and release positive vibrations.

But you are not Swami Shivanandji; you better tiptoe out of the room and leave the fury and rage behind to calm down.

What can the man or the woman in red and black do? Rush to hospital or a private clinic and be advised by the doctor to *pa fer colère*. Tone down for a few days until adrenalin rises and claims its seat at

the centre of the body, and starts its devastating work again. A lot of folks seem to fit in the category of the pressure-cooker model. Look at the top for those who run or aspire to run the affairs of the country and you have an idea of some uncouth models that are displayed to the public. Verbal abuse of opponents, threats of revenge and retaliation... Others who are accused of embezzlement of funds, conflict of interest and corruption are carried on stretchers to the courts and clinics. Never seen such acts of comedy in any other country! A total lack of maturity and responsibility, a blatant act of cowardice. Why don't they stand up like grown-ups and bravely face the music?

As regards ordinary citizens, a key factor is the lifestyle and quality of life that they are entangled in. The sole pursuit of material gains to satisfy basic needs such as food, clothes and housing dries up the heart and causes damage to sensitivity, compassion, and healthy interaction with others. Apart from work, work, work..., what opportunities are given to people for self-improvement? A glaring truth is that the living conditions are such that no time is available for other exchanges and activities that help to improve minds, foster healthy relationships and make life more comfortable and pleasant. We have the impression that many people just never relax.

It is also a political and economic issue. The other tragedy is the inaccessibility of land for building private houses, hence the promiscuity and overcrowding

“What is surprising is that the crime rate and level of violence are not higher given the pressure-cooker reality of so many folks simmering under an apparently calm exterior. We are here talking of a pressure-cooker that can blow up its lid any time the weight of adrenalin and high blood pressure becomes unbearable for the poor soul who has been given brains to think and a heart to feel. Come on, breathe, relax and take it easy! you tell people around. Do yoga or something else, for God's sake! After witnessing such scenes of madness, you feel like trying your hand at an impressionist painting of the poor creature who gesticulates under the spell of the devil...”

of extended families in villages around. Land speculation, artificial crazy prices of land and real property, IRS, RES, gated and guarded communities that successive governments have encouraged for short-term profits. Result: total alienation of people from the destiny of the country which has been left to a handful of capitalists to dictate to the government.

With scarce opportunity and financial means to live and appreciate life differently, folks end up wallowing within closed limited circles of relatives, hurl verbal abuses at one another, devote little spare time to mind their brothers, sisters, in-laws, and relatives' business, thrive on jealousy, envy and hatred, nourish their pet hates, inflict psychological sufferings on others and poison life around.

Instead of getting enmeshed in all the series of unhealthy and destructive emotions, the way out is for people to have some breathing space and get a life of their own. Getalifedotcom is part of the solution, someone suggested, it has been tried elsewhere to raise awareness on how to make one's life more interesting, mind one's own business and stop spreading poison, and in extreme cases, taking other people's life.

The publicist responded: "Nothing that was not true, I just rewrote your sign differently." He smiled and went on his way.

The blind man never knew but his new sign read: 'TODAY IS SPRING AND I CANNOT SEE IT'.

Change your strategy when something does not go your way and you'll see it will probably be for the best. Have faith that every change is best for our lives.

The Buzzard, the Bat, and the Bumblebee

If you put a buzzard in a pen six or eight feet square and entirely open at the top, the bird, in spite of his ability to fly, will be an absolute prisoner. The reason is that a buzzard always begins a flight from the ground with a run of ten or twelve feet. Without space to run, as is his habit, he will not even attempt to fly, but will remain a prisoner for life in a small jail with no top.

The ordinary bat that flies around at night, a remarkable nimble creature in the air, cannot take off from a level place. If it is placed on the floor or flat ground, all it can do is shuffle about helplessly and, no doubt, painfully, until it reaches some slight elevation from which it can throw itself into the air. Then, at once, it takes off like a flash.

A bumblebee if dropped into an open tumbler will be there until it dies, unless it is taken out. It never sees the means of escape at the top, but persists in trying to find some way out through the sides near the bottom. It will seek a way where none exists, until it completely destroys itself.

In many ways, there are lots of people like the buzzard, the bat and the bee. They are struggling about with all their problems and frustrations, not realizing that the answer is right there above them.

You are welcome to contribute. Write to: devotee2010@gmail.com

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1 LE TURBO PLATE. 1850 m -- Valeur 30-0 -- 12h30									
1 PARKWOOD	VA	7-8-9-8-8	61	S. Bussunt	7	2500			
2 HIGH ACCOLADE	PM	5-9-10-5-3	60.5	C. Segeon	9	450			
3 MR WOLF	RM	8-5-7-7-5	60.5	J. Bardottier	1	600			
4 DUNRAVEN	VA	7-9-3-7-6	60	L. Currie	6	600			
5 WIND POWER	FK	4-8-5-2-4	60	S. Brown	10	550			
6 ICE TRIGGER	RG	2-8-8-4-4	58	R. Wiggins	11	1200			
7 STORM ALTERNO	P	2-2-7-4-9	51.5	N. Marday	2	800			
8 SPACEBEAM	RP	8-2-7-7-7	53.5	B. Sooful	8	1400			
9 ARROMONCHES	JH	7-7-5-5-6	51	D. Bonilla	3	1400			
10 DOUBLE GRIP	G	8-4-7-9-6	49	R. Hoolash	4	1600			
EA OWLS DO CRY	PM	8-10-6-3-8	56.5	--	5				

2 VICTOR DUVIER CUP. 1400 m -- Valeur 25-0 -- 13h00									
1 TRIAD OF FORTUNE	PM	nouveau	61	C. Segeon	9	1500			
2 YODA MAN	FK	8-2-1-3-2	61	S. Brown	11	310			
3 ROYAL PERFORMER	MR	10-9-10-6-8	60.5	R. Joorawon	3	3300			
4 BONGO BEAT	CR	9-6-4-6-8	60(-3)	N. Marday	4	800			
5 CAPTAIN MATTHEW	G	4-5-2-2-3	60	D. Holland	5	450			
6 KOWLOON BAY	GR	8-9-6-6-9	60	J. Geroudis	10	2500			
7 INSIDE OUT	JH	5-8-2-5-4	59	D. Bonilla	7	1200			
8 JUNGLE SKYLINE	RG	7-5-3-4-10	59	R. Wiggins	2	1000			
9 SHAKLETON	VA	5-2-2-9-3	58.5	L. Currie	1	600			
10 MC NAUGHT	SN	9-9-11-8-6	55	B. Sooful	6	4000			
EA TOBEASTAR	CR	5-1-8-7-5	60.5	--	8				

3 FREDERICK STAUB CUP. 1000 m -- Valeur 41-25 -- 13h35									
1 TOP OF THE CHOCs	RG	5-3-3-5-3	61	R. Wiggins	7	750			
2 MOUNTAIN THUNDER	PM	3-3-1-8-3	60	C. Segeon	3	470			
3 MOUNT HILLABY	FK	4-4-9-3-5	59	S. Brown	1	520			
4 ACT OF VALOR	P	1-5-1-4-1	58	R. Joorawon	6	340			
5 HUNTING TIME	VA	9-4-3-1-3	58	L. Currie	5	600			
6 KING'S SOLDIER	MR	nouveau	57	V.Naiko	9	2000			
7 KAPITI COAST	VA	10-9-8-6-4	56.5	S. Bussunt	4	2000			
8 TIGER MASTER	CR	6-7-10-7-9	54	R. Hoolash	8	6000			
9 KENTUCKY BLUERASS	P	nouveau	50.5	N. Marday	2	1600			

4 MTC LADIES' DAY CUP. 1850 m -- Valeur 36-20 -- 14h05									
1 BRIGHT AND BLUE	FK	5-1-2-3-3	60	S. Brown	8	650			
2 JUDGE THE STRIDE	RM	0-5-9-2-1	60	R. Joorawon	6	600			
3 DEUX FABULEAX	GR	2-6-4-2-2	59.5	N. Teeha	2	1000			
4 LEISURE JET	P	7-3-3-6-4	59.5	S. Bussunt	5	2000			
5 WIND GLIDER	G	6-4-7-1-6	59.5	D. Holland	1	820			
6 CINCHONA	VA	0-0-0-5-5	59	L. Currie	3	2000			
7 NEW STAR	GR	1-2-2-3-1	59	J. Geroudis	4	2200			
8 AMBER PALACE	PM	9-7-10-6-6	58.5	C. Segeon	7	1000			

5 TOAST TO THE LADIES CUP. 1600 m -- Valeur 56-40 -- 14h40									
1 PRINCE OF TROY	RP	9-3-6-7-6	56	N. Oodith	5	2500			
2 WONDER KID	RG	3-3-6-1-4	60	R. Wiggins	6	900			
3 BEACON FLARE	PM	5-4-5-4-4	59.5	S. Rama	2	900			
4 GOVERNOR GENERAL	GR	2-5-5-8-5	58.5	N. Teeha	4	2000			
5 KING'S GUARD	PM	6-6-4-2-1	58.5	C. Segeon	7	350			
6 NORDIC WARRIOR	P	3-1-1-1-1	58	R. Joorawon	1	180			
7 PARCEVAL	RM	2-10-4-9-5	58	J. Bardottier	3	2000			

6 COUPE DES PRESIDENTS. 2200 m -- Valeur 60+ -- 15h15									
1 BULSARA	G	3-7-1-2-5	61	D. Holland	2	650			
2 MAN TO MAN	SN	7-1-1-1-4	61	J. Bardottier	8	400			
3 ICE AXE	VA	6-1-2-7-7	60.5	L. Currie	3	850			
4 VETTEL	G	10-9-2-3-5	57.5	D. Bonilla	1	570			
5 DIAMOND LIGHT	FK	1-1-4-3-3	55.5	R. Joorawon	6	600			
6 SKIPPYJON JONES	PM	3-1-1-2-1	55.5	C. Segeon	7	320			
7 RUDI ROCKS	VA	3-7-7-3-5	53.5	V.Naiko	4	2000			
8 SILVER DICE	RM	1/8-8-7-9	53	V. Sola	5	3500			

7 BOURJOIS LADIES' DAY CUP. 1365 m -- Valeur 60+ -- 15h50									
1 FRANCOIS BERNARDUS	VA	11-7-4-1-10	61	L. Currie	5	900			
2 AZAPEL	G	1-2-5-4-7	60	D. Holland	1	900			
3 POLAR ROYALE	GR	1-1-1-4-6	58	J. Geroudis	3	290			
4 ROMAN MANNER	FK	1-3-1-8-2	57.5	S. Brown	2	300			
5 RYDER CUP	FK	1-3-1-1-3	56	P. Horil	4	650			
6 LIVING WITH HEART	PM	2-6-5-6-2	55	C. Segeon	6	700			

8 NEW GENERATION BY HSN MODEL MANAGEMENT CUP. 1850 m -- Valeur 61-45 -- 16h25									
1 SEEKING ANGELO	GR	5-6-8-3-8	60.5	R. Joorawon	4	1200			
2 GRAY'S CHAMP	PM	3-5-6-1-8	60	C. Segeon	1	450			
3 MOZART'S GIOVANNI	RG	4-1-7-4-10	60	R. Wiggins	6	800			
4 EMERALD APPROACH	GR	8-6-3-1-1	59	J. Geroudis	7	370			
5 PARKER	RP	9-8-2-4-2	58.5	B. Sooful	5	650			
6 TUBE WAVE	RM	1-1-1-2-1	58.5	J. Bardottier	2	450			
7 RASHEED	VA	2-4-1-7-2	57	L. Currie	3	750			

9 THE FRANCE ULCOQ PLATE. 1600 m -- Valeur 31-15 -- 17h00									
1 LA FOCE	SN	6-2-4-3-3	56	N. Oodith	1	700			
2 BRIGHT SHINING	CR	0-8-9-6-4	59.5	M. Neisius	5	800			
3 RULEROFMYHEART	FK	7-5-5-8-4	59.5	S. Brown	6	550			
4 STRUM	G	1-4-5-1-3	59.5	D. Holland	7	450			
5 OBAMA	GR	4-8-8-3-6	58.5	J. Geroudis	8	800			
6 SALUTE THE SAINT	VA	3-6-1-3-2	58.5	L. Currie	2	400			
7 KAAFEL	P	0-0-10-9-6	57.5	R. Joorawon	3	1600			
8 MIGHTY LION	PM	10-4-2-2-5	57	C. Segeon	4	500			

1. Wind Power, Storm Alterno, Spacebeam
2. Yoda Man, Captain Matthew, Triad Of Fortune
3. Mountain Thunder, Mount Hillaby, King's Soldier
4. Bright And Blue Judge The Stride, Deux Fabuleax
5. Nordic Warrior, Beacon Flare, Governor General
6. Bulsara, Man To Man, Vettel
7. Roman Manner, Francois Bernardus, Ryder Cup
8. Tube Wave, Parker, Rasheed
9. Sturm, Mighty Lion, La Foce